

## **INSTRUCTIONS: *Ultrazyme Plus* and *Silver Water***

**MONTH ONE:** Prevention, overall malaise, serious health challenges. Everyone should follow this for 30 days, then, Maintenance, **except for serious health challenges**. Daily totals can be taken at one time or during the day, with or without food, preferably before 5:00 pm as you may get energy.

**Day 1 to 3:** 5 Ultrazyme and 8 to 16 oz. Silver Water total each day. (3 days)

**Day 4 to 13:** 10 Ultrazyme and 4 to 6 oz. Silver Water total each day. (10 days)

**Day 14 to 18:** 20 Ultrazyme and 4 to 6 oz. Silver Water total each day. (5 days)

**Day 19 to 23:** 10 Ultrazyme and 4 to 6 oz. Silver Water total each day. (5 days)

**Day 24 to 28:** 20 Ultrazyme and 4 to 6 oz. Silver Water total each day. (5 days)

**Day 29 to 30:** 10 Ultrazyme and 4 to 6 oz. Silver Water total each day. (2 days)

[Any day between day 20 to 30, mainly for health challenge, do **Celery Tissue Wash**.]

**MONTH TWO and THREE for serious health challenge:** 10 Ultrazyme and 4 to 6 oz. Silver Water total a day. Then, go on Maintenance.

**DAILY MAINTENANCE:** Four (4) Ultrazyme and three to four oz. Silver Water total a day.

### **What To Expect**

Many health challenges and disorders are parasite-related. In days, you feel the difference as **parasite invaders (adults, stages, eggs) are being destroyed** and white blood cells renew their activity with enhanced detoxification. In a week, you may notice an increase in energy and general feeling of well being; after 3 weeks, reduced sugar cravings, ammonia smell of urine much less, better appetite/digestion/kidney function, less water retention, skin softens, some weight loss, back pain diminished or gone. Other symptoms that may subside or be gone -- indigestion, chemical imbalance, chronic fatigue, diarrhea, bloating, intestinal problems, joint/muscle pain, anemia, allergy, skin condition, sleep disorder, immune dysfunction, weight gain-loss, asthma, migraines, etc.

### **Side Effects**

Most will encounter little discomfort or side effects. With **serious health challenges**, one may feel slightly bad, uncomfortable, even lousy. As enzymes work to rebalance your body and restore its metabolic functions, organs of detoxification are overloaded with debris, toxins, dead parasites/pathogens that also release their own bacteria and viruses. *Silver Water* helps vanquish them. Symptoms may be feeling sore, headache, no energy, nausea, irritable, possible elevated temp., flu-like symptoms. If discomfort is too much, stop for 5 days or cut daily amounts in half or less to allow organs of detoxification more time to eliminate toxic debris. Cleansing all body organs takes time, from a month to a year for serious conditions. To repeat, if discomfort is too much, cut back to allow the body time to detoxify and eliminate toxemia.

### **Inform Your Doctor**

For serious health challenges. Your doctor doesn't know what you're doing, so it is advisable to be monitored. By destroying parasites/pathogens, restoring the body's chemistry, improving your immune system, increasing the white blood cell count, you may not need so many prescription drugs or other therapies you may be undergoing. As markers show significant improvement, your doctor may want to make adjustments.

### **Helpful Tips**

It will be much easier with a clean colon (*Jim's Colon Pills* and *Cleanse*) and a stone-free liver. Also, minimize eating processed food/beverage and using chemical body products. Their toxic residue puts a constant burden on your immune system. Eat meat/poultry well done; blood often contains parasite stages. Eat fresh, unprocessed food/drink, water or fresh juice. Use health food brand body products, especially toothpaste, mouthwash, soap, shampoo, detergent, supplements, cosmetics.

### **Celery Tissue Wash**

A time proven, powerful intestinal flush to remove impacted protein stuck to the walls. Enzymes plus celery juice break down and loosen undigested protein. As you clean out the cells, you may feel tingling after 3 hours. Do on an empty stomach with clean bowels.

Drink 12 to 16 oz. of freshly prepared celery juice every half hour. Drink enough ounces to equal your body weight; 150 lbs. equals 150 ounces of celery juice. If unable to drink this amount, drink what you can and increase on your next flush. During flush, do not eat or drink anything, NO juice or water. Afterwards, you may eat lightly and rest as it can be tiring. A typical large bundle of celery amounts to about 20 to 24 oz. of celery juice.