

There is a Real Answer to

**TRUE
HEALTH
and
HEALING**

So many health disorders are the result of internal organs not functioning properly because they are abused, handicapped, clogged and polluted with chemicals, metals, foreign substances and pathogens/parasites.

The body reacts with symptoms when it can no longer handle it.

The answer is simple. Healing and true health return when you eliminate all accumulated trash in your body, destroy pathogens and parasites, and then keep it all out from now on.

A Truly Healthy Life and Longevity

This report is your guide to cleansing and detoxifying the body organs: colon, liver, kidneys, prostate, pancreas, blood vessels, eyes. No drug, supplement, *miracle* formula or doctor can do it -- only YOU can by cleansing your body organs, tissue and cells, and destroying harmful pathogen/parasite invaders. THEN STOP POISONING YOURSELF FROM NOW ON!

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Overview

True Health is No Mystery

With so much dubious, confusing and often meaningless advice, this is the true answer for health, prevention, longevity! Doctors treat *symptoms*; alternative medicine overdoses on supplements. But actual causes are rarely identified or addressed. We have become conditioned to think only in terms of *cure*, but *how can anything be cured, healed or prevented without knowing and addressing the cause?* True health can only come about by eliminating all foreign substances, living and nonliving, that hamper vital organs from performing their natural function.

Throughout the 20th century, we have introduced massive amounts of pollutants, chemicals, toxins, pesticides, dyes, solvents, additives, preservatives, colorings, stabilizers, conditioners and a host of unnatural, foreign substances into our food, beverage, cleansing agents, medicines and body products. We no longer consume nature's pure food; so much is artificial, processed, flavored, preserved and nutrient/enzyme depleted. Meat and poultry are loaded with bacteria, parasites, antibiotics, hormones, etc.

We use an avalanche of chemical-laden body/cosmetic/hair products, and their toxic residue continually seeps *inside* the body. Mercury and toxic metals from amalgams and dentals are known immune suppressors that seep into the body for decades. We ingest trace residues of toxic mouthwash, toothpaste and detergents daily. We take endless chemical-based medicines. We consume milk products, yet milk produces loads of mucus that affects the colon, lungs, eyes and sinuses. Over time, it all begins to accumulate inside the body and invites living invaders, bacteria, viruses, parasites, molds and fungus that thrive in this environment.

The human immune system was never equipped to process this onslaught that has altered the body's natural working order and chemistry, resulting in our health being jeopardized. At no other time in history have humans ever been exposed to this.

There is a limit, and at some point, the body can no longer properly digest "*food*," absorb nutrients and detoxify chemicals/pollutants/metals. The toxic leftovers accumulate in vital organs, which become impaired and handicapped and no longer function properly!

The body is continuously poisoned. Pathogens/parasites keep invading.

Symptoms appear. They are the body's response and reaction to conditions it can no longer tolerate: indigestion, heartburn, hair loss, allergies, infections, aches and pain, migraines, cavities, inflammations, growths, skin disorders, endless cravings, obesity, constipation, diarrhea, sleep disorders, fatigue, anxiety, lack of energy, mood swings, dysfunctions, an endless list, *yet we are not aware this is the early stages of toxins and pathogens roaming the body.* We resort to medicines, more chemicals that aggravate and mask the problem.

A day comes when a vital organ(s) (colon, liver, kidneys, pancreas, lungs, brain, heart, arteries) is so deluged with trash, poisons, toxins, solvents, dyes, metals, mucus, fungus, stones, cholesterol, pathogens and parasites that symptoms become big time, serious disease!

Internal cleansing is critical with profound benefits to prevent, heal and cure.

When you address the *internal cause*, not symptoms, with nontoxic, non-chemical, non-drug, natural, proven effective means, *symptom after symptom* disappears and true healing begins. The initial vital steps are to cleanse the colon, liver and kidneys and then all your body organs and tissue. **It is then up to you to stop polluting and poisoning yourself!**

In simpler times, 75 years ago, it was known what constitutes good health -- keep your outside clean, but more importantly, keep your *inside clean*. This wisdom has vanished in the name of "*progress*." Only Western medicine ignores internal cleansing which is practiced outside the U.S. by clinics treating the seriously ill and even by the most primitive cultures.

The Colon!

What is supposed to be our *ELIMINATION* system has become a *Human CESSPOOL*

Dr. Bernard Jensen, Ph.D. ***Colon problems at the root of most health problems***

In the 50 years I've spent helping people to overcome illness, disability and disease, it has become crystal clear that **poor bowel management lies at the root of most people's health problems.** In treating over 300,000 patients, it is the bowel that must invariably be cared for before any healing can take place.

Most of the nutrients our body needs are absorbed through the walls of the colon. One of the colon's jobs is to squeeze whatever is inside it to get the nutrients out. After it is through squeezing, the peristaltic muscles are supposed to push out what is left. If the bowel system isn't working properly, not everything gets pushed out, and gradually the residue coats the walls of the colon with some of the world's best glue, and also creates a toxic liquid that goes into the bloodstream. Every tissue is fed by the bloodstream, so when it becomes toxic, we have a condition called **autointoxication.** This produces undesirable consequences and is **the root cause of many diseases and illnesses.** This is the way we manufacture disease in our body.

The evidence I've seen over a long period of time indicates that people do not realize that toxic accumulation is at the root of most of our diseases today. When we have toxic substances in our colon seeping into our bodily tissues, it's like we have a time-released poison in our bowels. The poison works slowly, imperceptibly wearing down the vitality, resistance and health of our tissues and organs. When the colon is toxic, it continually serves up microdoses of poison to the blood.

The need to detoxify and cleanse the body has never been greater. People are more toxic-ridden today than ever

in known history. The widespread existence of toxic substances and levels at which they are found are becoming a nightmare as illness continues to take its toll. ***Nearly all of the patients I see have some kind of bowel disorder associated with toxicity.***

When we cleanse and remove the toxic debris, feed the body good, healthy, vital foods and stop poisoning ourselves, the body will respond with healing and reverse the disease processes. The road to health begins with a commitment to cleansing and detoxifying the body, and restoring balance, peace and harmony.

If we are going to live unnaturally, we would be wise to learn how to counteract some of the maladies we create in our personal environment.

Dr. Richard Schulze ***Intestinal Detoxification***

The digestive system and colon health have reached an all time low and in the U.S. diseases of the digestive tract are on the rise... the #1 cancer in men and women was colon rectal.

Modern life-style has taken its toll on our digestive/elimination organs. The frequency at which a normal, healthy person should move their bowels has been a great misconception among the public and most medical professionals. For years, doctors have thought that between one bowel movement per day and one per week was acceptable and normal.

With more primitive peoples, we find that their bowels moved much more frequently, 2 to 3 times daily.

What we have learned is that it is normal to have one bowel movement a day for each meal you eat (if you eat 3 meals, you should have 3 bowel movements).

Diverticula are saccular herniations that protrude through the wall of the

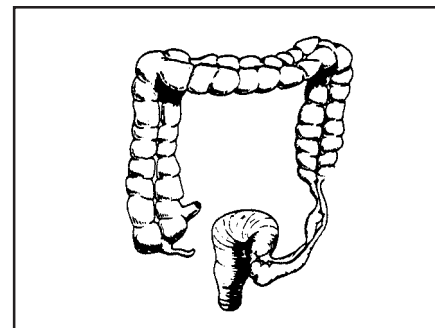
colon. These "bowel pockets" are almost always asymptomatic (you can't feel them). They are caused by a sluggish, constipated bowel. The pockets fill with old fecal material that can be reabsorbed back into the bloodstream. This can infect the entire body causing all types of toxic reactions.

A sluggish bowel can retain pounds of old, toxic, poisonous fecal matter.

Many times the real cause behind sickness and disease is the retention and reabsorption of this toxic waste. The first step in everyone's health program should be stimulating, cleaning and toning all the elimination organs -- and the bowel is the best place to begin.

David A. Darbro, M.D. ***A Clean Colon is Necessary for Health of Entire Body***

A clean colon is necessary for the health of the whole human in the same way a clean drain pipe is necessary for a clean bathroom or a clear exhaust pipe is required for a well-functioning engine. **When our colon is plugged up, the rest of the body, including the noble brain, cannot function well.** All the exalted central nervous system can do is produce fuzzy, cloudy thoughts of confusion, depression or despair when the hinder part of the body is ailing. The truth is without the humble contributions of the least of our parts, the body as a whole suffers.



Sir Jason Winters
Death Begins in the Colon

Many have read my book, *"The Perfect Cleanse,"* where I say that **death begins in the colon**, and they became aware of the importance of a clean colon. When I was doing research for the book, I spoke with Dr. Vanita Forsyth, a chiropractor and an authority on colon health. Dr. Forsyth explained to me exactly what causes poor colon health:

"Let's visualize the following scenario: You have a perfect bowel, you are on a perfect diet. Once in awhile, you ingest something that is harmful. In order to protect itself, the body creates mucus in the colon long before the harmful food or substance reaches it. The substance reaches the colon 18 hours later. The mucus has been prepared by the body and it lines the colon so your body won't absorb the poison when it gets there. Thus, it literally coats the poison.

"Then later, it breaks down and will be discharged from the colon with no harmful effect.

"Well, you got away with it that time. Nature's protective mechanism functioned properly. So you do it more often. Four times you ingested mucus-forming foods, most of which is also low in fiber. Mucus is secreted 4 times today to protect you against what you ate, drank or smoked. So, you do this every day of your life, but you try to eat something raw, like an apple, an orange or salad; maybe this helps.

"But 85% to 90% of everything you eat is going to cause mucus to be formed. The mucus lining in the bowel thickens. Nature's protective mechanism, which was designed for occasional use only, is being forced to work continuously with no rest and no chance to eliminate the mucus that is being laid down faster than it can be eliminated. Layer piles upon layer."

Dr. Forsyth explained that this can become so severe that there is almost no opening left for the waste to pass through the colon at all.

More people are becoming aware of the importance of cleaning the colon. I was amazed how all poisons and decaying matter just kept coming out. Rotting food and decaying fecal matter at least 5

years old can be found in the colon. It lodges in the accumulated mucus. When we turn our sewage systems into cess-pools, it's no wonder we don't feel well.

Dr. William D. Kelley
Cleaning the Mucus Lining the Small Intestine is Vital

If there were only one kind of pill that would help everybody, the cancer patient or otherwise, it would be Okra Pepsin E3. It would probably do the nation's health more good than any other single pill. It digests the mucus that coats the walls of many people's small intestine. Certain foods, such as pasteurized milk and many cooked foods, cause the mucus buildup on the wall of the small intestine (raw foods do not cause this mucus buildup). The mucus coats the villi on the wall of the small intestine. The villi are like tiny fingers that stick out from the intestinal wall to absorb nutrients.

The mucus on the villi blocks absorption of nutrients from the food.

Sometimes the mucus gets so thick and tough that it is almost like a plastic film. **Almost no nutrition can get through to the body.** A person with a severe mucus buildup could take \$1,000 worth of supplements a month and adhere to a good diet and still get almost no nutritional value from them. They would be starving and therefore would want to eat more food, including protein. That would lead to more pancreatic enzymes being used to digest the protein even though it could not be properly absorbed. When all the pancreatic enzymes are used up, there are none left in the blood.

If Okra Pepsin E3 capsules are taken for a few days to several weeks, one after each meal, the mucus will gradually be digested. The blood can then receive more nutrients from the food, even from a poor diet. Then, once a year, take Okra Pepsin E3 for a few days or a week to keep the mucus from building back up. While taking Okra Pepsin E3 people with heavily mucus-coated intestines might find mucus in their stool, convoluted like the intestines.

(Note from Paul Oberdorf: Okra-Pepsin often requires a prescription. Mullzyme Mucus Dissolver is equally effective and does not require a prescription.)

Donald J. Mantell, M.D.
The Colon is Most Neglected by Medicine

I believe that the colon is one of the areas most neglected by the medical establishment. It is quite interesting to see what is expelled during a normal colonic treatment. One may see mucus, parasites and very old fecal material that may have been living in the patient's colon for years. It looks like vulcanized rubber and has the same kind of consistency.

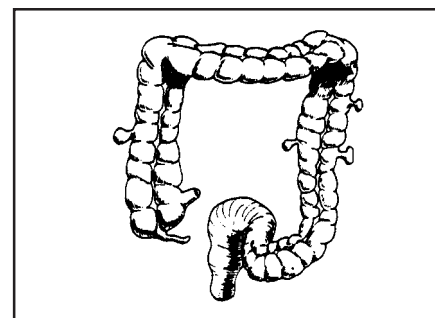
J. H. Tilden, M. D.
"Toxemia Explained"

Over 45 years ago, Dr. Tilden stated that by knowing the CAUSE of disease, the CURE becomes obvious.

The truth is that the so-called disease was a *toxemia crisis*, and when the toxin was eliminated below the toleration point, the sickness passed -- health automatically returned. But the disease was not cured; for the cause (enervating habits) was continued, toxins still accumulated, and in due course, another crisis appeared.

Unless the cause of toxemia is discovered and removed, crises will recur until functional derangements will give way to organic disease. The entire profession is engaged in doctoring crises of toxemia -- curing, curing, until overtaken with chronic disease of whatever organ became the seat of the toxin crises.

So-called disease is nature's effort at eliminating toxin from the blood. All diseases are crises of toxemia. To know the cause supplies even the layman with a dependable knowledge of how to avoid building disease and how to cure it.



Disease and Death

Caused by Autointoxication (Poisoning), but the Body Can Heal When It Stops Accumulating Poisons

Colon Disease Does Not Just Happen

It begins and ends with the appalling food we eat. Commercial processed foods subject us to a progressively degenerating state of food adulteration. It is nearly impossible to buy wholesome food at a supermarket. Americans are unaware of this crisis. They are sick and getting sicker.

We have an epidemic of colon problems because of our processed, chemical-laden foods.

Constipation: So many people in America today are constipated whether they know it or not, even though the bowels may move somewhat regularly. Even people with chronic diarrhea suffer from one form of constipation.

Constipation is a condition in which feces are packed together. Bowel movements expel with much strain while the walls of the colon may be lined with old, hardened feces that has been lodged there for years.

All health practitioners who have studied colon health say that a bowel movement after each meal is necessary for true health. Ideally there should be enough moisture in our stool that the bowel's entire contents should pass out very quickly. Anytime it takes ten minutes or more to complete a bowel movement, you are constipated. A bowel movement after each meal means fast transit time of the elimination process and fast movement of toxins out of the body.

The faster the transit time, the lower the cholesterol. The faster the transit time, the healthier we are. The longer material remains in the colon, the more moisture is absorbed from it and the more dry and pressed together it becomes. It builds up in the pockets of the colon and the small intestines.

Colon Cleansing is Essential

Diarrhea is another colon problem, usually due to the presence of irritation in the colon. It can also be caused by buildup of fecal matter on the colon wall as in constipation.

Many people are packed with years old accumulation of hardened, rotted, fermented feces. This brings on *toxemia* (poisoning) and their health progressively deteriorates.

So many colons are deformed because of a constant diet of commercial, demineralized, chemicalized and acidic foods. As these foods are consumed continuously, the colon wall muscle degenerates and deteriorates, resulting in weak, flabby and sagging walls. The colon no longer possesses the muscle tone to keep it strong and hold its normal shape, so it stretches, lengthens and loops. When the colon is ballooned, it holds and catches more and more old feces. This results in more straining, causing hemorrhoids and varicose veins.

The complications of a clogged colon are many, including a most serious problem in that nutrients cannot be absorbed, and we begin to suffer malnutrition no matter how much we eat.

Improving Nutrient Absorption is Much More Effective Than Taking Vitamins

After a thorough cleansing, the body can again absorb nutrients from whole foods. We eat less, digest better, are satisfied with much less. Buildup of decaying matter in the colon amounts to *autointoxication*, and if it is not reversed we get sick. A clean, uncontaminated colon and fast transit time means health. A clogged, polluted colon and slow transit time means illness.

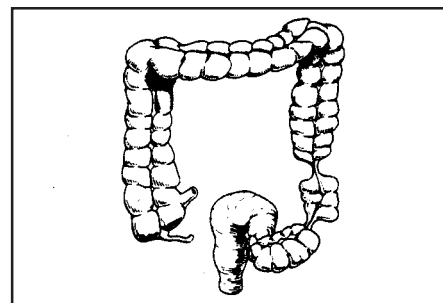
The Pot Belly! Another Symptom of a Polluted Colon

With a clean colon, your stomach literally lifts up! The stomach sits on the transverse colon, normally horizontal. Accumulated trash forces it to sag and the stomach drops -- resulting in the *pot belly* that plagues so many men and women. If you regularly pull your stomach upwards, it will soon remain in place as the transverse colon reverts to the horizontal position. Other benefits: distress, trouble, symptoms from pressure of a sagging colon on organs below (bladder, rectum, prostate, kidney, ovaries) are often relieved.

The Colon of So Many Cancer Victims is Like a Rotting Sewer Line

Neglecting your colon is like begging for cancer. The greatest thing one can do is detoxify the body and cleanse the bowel. It is the most powerful beginning towards eventual healing. Anything done to stop *autointoxication* helps slow down or stop the disease process. By stripping the toxic mucus that is lining the bowel, you remove another contributor to disease.

Parasites: Possibly as many as 80% of people may carry parasites. Parasites are normally eliminated, but in a colon clogged with filth, rot and stagnant putrefactive matter, they thrive and massively reproduce.



THE ANSWER TO THE #1 HEALTH PROBLEM IN AMERICA

Jim's Colon Pills & Colon Cleanse

If you don't move your bowels 2 to 3 times per day, your health will deteriorate, if it hasn't already. Anyone can have 5 to 15 lbs. of tough, decaying, black crud lining the walls of their large intestine, a protruding belly even if thin, bad breath, bad complexion. Food is fermenting and rotting in the gut and should never stay there more than 8 to 15 hours. Any longer and you can become a walking cesspool. Colon researcher Jim Foley is emphatic that his colon products can fix so many problems. He is a preacher when extolling their benefits. Jim is a massage therapist who studied in China. His obsession is the benefits of his colon products.

"One thing you can count on is that my Colon Pills and Cleanse will work for you. People complain about the toxic environment, yet their own body is often far more polluted. Most colons are like a rotting cesspool, yet people don't even know it -- full of layer upon layer of black, fermenting food. Is it any wonder people feel so rotten?" -- Jim Foley

Q: What is the common reaction?

Jim: People feel lighter, don't get that bloated feeling after eating, have more energy, feel better, are not as depressed, cranky. Often, a yellow tint to the skin will vanish. Many believe if they have diarrhea, they don't need colon pills. The opposite is true. They need them more than ever. Diarrhea is often caused by parasites or a blockage in the colon. My pills have corrected so many cases of diarrhea.

Q: What about weight loss?

Jim: Many lose 5 to 10 pounds or more. It comes from all that hard, impacted crud lining the colon wall. You can't exercise it off, it has to be stripped off from within. These are the most important pounds one can lose. Many lose their belly after just a few weeks.

Q: What's wrong with laxatives?

Jim: They don't stimulate the colon; they irritate it, are too harsh and often cause diarrhea, headaches, cramps, dizziness, gas. The Pills/Cleanse stimulate and strengthen colon muscles and gently pull toxins out of the mucosa lining.

Q: Do most need the Pills and Cleanse?

Jim: At least 80%. You don't have to be an extreme case to benefit. So many people on prescription drugs are terribly constipated, especially the elderly. The owner of a health food store, horribly constipated, could not find anything that worked for 20 years, including his own best products. One bottle straightened him out. I can't remember a product where so many buy it for friends and relatives.

Q: How often should people move their bowels?

Jim: Many only go once every few days. Doctors often say it's normal. It is NOT! You can often recognize those who don't go -- skin doesn't glow, often big in the belly, don't look healthy. **One should go 2 to 3 times per day!**

Q: How many do you take?

Jim: For maintenance, 1 to 2 Colon Pills a day, and one Cleanse every day or other day. Initially, one needs more, from 4 to 8 per day of both Pills and Cleanse to blast out. Everyone is different, so start with a few of each, gradually increase, then decrease. *Always drink plenty of tap water.*

Q: How is a polluted colon related to disease?

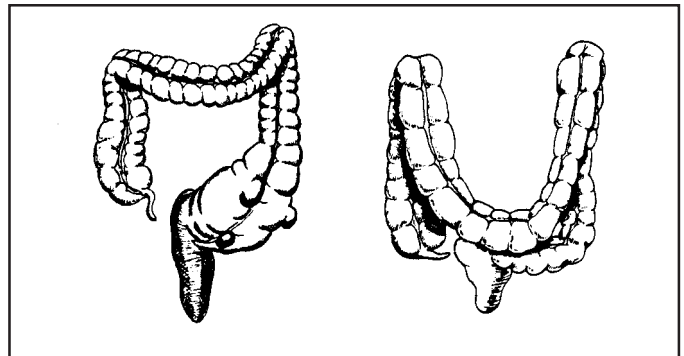
Jim: Rotting food can stay in the colon for years and this is where most diseases start. A clogged colon blocks nutrients from being absorbed. Barely 5% to 10% gets through, and that introduces poisons throughout the body. You can take the best nutrients and spend hundreds of dollars regularly, but they just won't be passed through. It has helped intestinal diseases like gastritis, diarrhea, polyps, diverticulosis, colitis, Crohn's disease, irritable bowel, etc.

Q: What are some of the worst colon cases?

Jim: I saved a woman's life who was dying of colon problems and another with similar problems after the best doctors didn't help. Others who only went once every 2 to 3 weeks. One woman in really bad shape said, "I'm as regular as my period, once a month. Please let this be the day!"

Q: Do you only use pure herbs?

Jim: *Jim's Colon Pills* are made from 7 natural herbs that strengthen and stimulate the colon muscles and gently pull toxins out of the mucosa lining. It is an herbal laxative that keeps you going every day. *Jim's Colon Cleanse* cleanses and disinfects the bowel, breaks apart hardened mucus and helps eliminate parasites. It uses 33 natural herbs, including an herb the Indians used as a natural internal soap in the colon. Both are needed for best results.



Users of Jim's Colon Pills and Cleanse

BEST REMEDY IN 20 YEARS

People in my town get more results from Jim's pills than any other health remedy I wrote about in 20 years. One woman exclaimed: "That's me! I only go twice a week."

SAVED A WOMAN DYING

Jim can actually be credited with saving the life of a woman dying of colon problems, after the best doctors failed to help.

BOWEL HEALTHY AFTER 24 YEARS

"First time in 24 years my bowels are truly healthy. No more signs of colitis, polyps, tumors. Everything healed."

GETS THE JOB DONE

"You can count on Jim's colon products to get the job done."

"JIM, THANKS, LOST 20 POUNDS."

NOW 3 TIMES A DAY

"Not only can I go 3 times a day, I'm in and out in a few minutes. No more hard stools, straining, no more hemorrhoids. Now I can eat all I want and still never gain weight -- and I don't even exercise!"

TRIED EVERYTHING, NOTHING HELPED, NOW 2-3 TIMES A DAY

"Tried every laxative, nothing helped. With Jim's pills I go 2-3 times a day, wonderful feeling, don't get bloated, face doesn't break out, no more food craving, feel so much healthier. A cousin lost 9 lbs."

FROM SIZE 14 TO 9, FROM 170 LBS. TO 135 LBS.

A woman used to wear a size 14. After Jim's program, she now wears a size 9 with a beautiful, flat stomach. Another weighed 170, now weighs 135.

25 YEARS SUFFERED FROM IBS

"For 25 years, I suffered from irritable bowel syndrome. I was absolutely miserable, sometimes so terribly constipated it actually hurt. Before my period, I became so bloated. Now it is long gone. You should call Jim Foley's products 'miracle pills!'"

EVEN HELPED MY EYES

"Jim's pills even helped my eyes. So many toxins came out, my eye color actually changed from very red at the pupils to a nice, healthy looking, white."

FROM 15 TO 2 MINUTES

"I'd spend 5-15 minutes in the bathroom straining. Now, out in 2 minutes. I'd only go once a day, but now a regular three!"

MORE REGULAR THEN EVER

"Pills worked great, am now more regular than I've ever been. Great results."

AT 75 NEVER BEFORE LIKE THIS

"My father, 75, after taking Jim's pills said that he never had bowel movements like that his whole life."

BLOATED GONE, COLITIS BETTER

A woman said the bloated feeling she came to live with suddenly disappeared. She lost 10 lbs., digests food better, was pleasantly surprised to see colitis improve.

LOST 20 LBS., FLAT STOMACH

"After 2 months on Jim's pills, I lost 20 lbs. and finally have a flat stomach I always wanted. The whites of my eyes that had a yellowish tone, now bright white."

AFTER ALL ELSE FAILS

"Jim, you are correct, after all else fails, try your colon pills. Tried most, if not all. Nothing ever worked, so I ended up taking enemas for years. So far, excellent results. I never want to be without your pills."

CANCELED COLON OPERATION

"After two weeks on the pills, I actually canceled my colon operation," says a woman who suffered from severe colon blockage. For so long she could hardly go, now with Jim's pills 2-3 times a day. Her belly went down, face glowing, eyes started to sparkle, looks much younger and more beautiful.

STUDIED NUTRITION 14 YEARS, NOTHING EVER LIKE THIS

"I lost 15 lbs. once all that junk came out of me. I feel much healthier and alert. My skin is so much smoother. I've studied nutrition for 14 years and never came across anything like this."

GO 3 TIMES A DAY

"Before Jim's pills, people who went only once every 3-10 days now go 3 times a day."

HEMORRHOIDS VANISHED

"I suffered from painful hemorrhoids for five years, Terrible itching, stinging and bleeding. After six weeks on Jim's pills, all of that completely vanished."

COLON PILLS A LIFESAVER

"I could go only once a week. Packed so solid even Ex-Lax didn't help. I went to hospital, spent \$3,000, still nothing, and facing a colostomy. Pills were a lifesaver. In a day, I went. Thank God! Doctors were ready to cut out my colon!"

SPENT \$10,000, NO ANSWER

For 8 months, the only way I could have bowel movements was an enema. I saw 9 doctors, spent over \$10,000 with no answer. After Jim's pills I actually had a movement the first night. Now my body works on a healthy, normal schedule. A great miracle. I have got so many on this."

INSTANT RELIEF, A MIRACLE

"I haven't taken an enema since using the pills, instant relief. Proved to be such a miracle I recommend it to many people."

NO DOCTOR, MEDICINE HELPED

A 74 year old couldn't have movements without enemas. He endured a serious bowel condition since 19. No doctor or medicine helped. Hard to believe, within a week on Jim's pills, he was able to go regularly.

NO HUNGER PANGS, CRAVINGS

"I no longer feel the need to eat as much. I'd eat between meals because I got hungry so quickly. Now, no feeling hunger pangs and no intense craving to snack anymore."

HEMORRHOIDS GONE

"My hemorrhoids itched, bled, stung for 5 years. I took Jim's pills for 6 weeks and it was the first of many problems to go."

COLITIS COMPLETELY CURED

"My colitis was so bad just eating salad caused running. I started with 6 capsules a day, then cut back. One day, I actually had 8 movements. Everything just broke loose. Some stuff was black as coal. I no longer have colitis. I'm completely cured!"

SAVED FROM COLON SURGERY

"They wanted to cut out my colon. For 8 months I couldn't go without an enema. It started years ago from diarrhea to constipation. No matter what, I just couldn't go! Doctors said irritable bowel, then colitis." Jim's pills saved him from surgery!

FINALLY A TIGHT STOMACH

A woman with a big belly tried every diet and exercise to flatten her stomach, but was convinced she'd live with a protruding belly. Jim's formula finally gave her the tight stomach she dreamed of.

MUCUS POURED OUT AND PAIN

"I increased the capsules, drank 8 glasses of water and now go 4 times a day. Had a sharp pain in my colon, now almost stopped. Just one sign of the bad shape my colon was. Mucus started pouring out, the pain poured out right along."

"It is impossible to believe the decaying trash people have been carrying in their colon for years." -- Paul Oberdorf

TOOK 6 ENEMAS PER DAY

Donna was in horrible shape, going once every 2-3 days, then once a week. She was hospitalized 3 times, her colon suffered from severe nerve damage, nothing could pass thru. Soon, she took 6 enemas per day. Jim's colon pills enabled her body to become regular and now enjoys life.

6 YEARS OF COLON PAIN A MEMORY

For 6 years, a woman endured so much pain on the lower right side of her colon she could hardly walk. Her doctor prescribed a muscle relaxant, but it grew worse. Another raised the dose, but made her more miserable. After Jim's formula, she noticed relief after only a week. The pain for so many years is now a memory.

HEADACHES FOR 10 YEARS GONE

"I work in the most toxic place on earth, chemicals, toxins and very dangerous. 2 workers already died of cancer. I endured the agony of dreadful headaches for 10 years. Only 2 days on Jim's pills, the headaches stopped. It literally dissolved the chemicals and odors out of my body. I now work without my head pounding all day."

FEEL LIKE A NEWBORN, A NEW LIFE

"I feel like a newborn. A flood of junk came out of me. I lost 15 lbs., feel so much sharper, alert, can do aerobics, never get dizzy as before. My skin has become smooth and soft. Jim's formula takes pollution right out of the body. It gave me a new life. You feel an instant response. My eyes are now clear, vision improved 50%."

JIM'S PILLS ANSWER TO PRAYERS

A woman could only go once in 2 to 3 days. In such terrible shape, she took a laxative but endured painful gripping and cramping. She tolerated this for 6 months. "Jim's capsules were the answer to my prayers. No straining, burning, just the way it's supposed to be. In a week, everything was normal."

5 YEARS OF CHRONIC CONSTIPATION, MIRACULOUS BREAKTHROUGH

"After 5 years of chronic constipation, laxatives and suppositories, I was resigned to having a colonoscopy, upper GI and CT scan to determine the problem (all to no avail). Finally, something that works! Jim's pills are indeed the right combo! Thanks for a miraculous break through!"

"JIM'S COLON PILLS HELPED ME WHEN IT SEEMED NOTHING ELSE WOULD."

"I'm so very pleased with your outstanding products."

"Eating more, enjoying it more, yet lost 5 lbs. Great revelation."

"After struggling for years to get my stomach down, it is miraculous."

"Your remarkable products are proving most effective, a tremendous help to me and my husband."

"You deserve an award for bringing this towards restoring good health."

"Thanks for feeling better than ever. It's a shame Americans just don't know."

"My friends didn't believe it, but after two lost their pouch, they're all now doing it."

"My skin rash went away without drugs."

"After struggling for years, finally proud of my body."

"Paul, you deserve a medal. More than my stomach, so many ailments disappeared."

"I spent the entire weekend in the bathroom. Hard to believe."

"The pills have been a wonderful benefit and helped me a lot."

"In less than a month, my stomach is nearly flat."

"Jim's colon pills have flushed out a lot of debris out of system."

"My skin is now smooth and pink, just like a little child."

"Jim's pills are extraordinary!"

"I am aghast I was never told. I'm like a new person, inside and out."

"My pot belly is gone. It works."

"Stomach is a thing of the past."

"Where is my tummy? My whole family noticed the difference."

"Back, leg, neck pains would come and go, never knew why. They're all gone."

"Sure it makes me angry that my doctor isn't telling me about this."

"Stomach is 1/2 the size in a short time."

"It's obvious why we haven't heard about this, doctors would lose too much business."

"I spent 2 days in the bathroom and so much junk came out. My friends said that I looked like a new person."

"It's truly amazing how everything changes with a clean colon, less cravings, not hungry and a loathing for bad, junk, processed food,"

"So many friends are asking me what happened to my belly and how I did it."

"I didn't believe it at first and still don't, yet I lost 5 lbs. in a couple weeks! Wow!"

"Dropped 2 dress sizes in about 4 weeks! What can you do about my sagging chin?"

"Love my new belly or lack of it!"

"Months ago I'd have said crazy about reducing my gut, now it's bye, bye belly."

"I'm 91, feel better physically and emotionally. Not taking drugs that harm the body has a great impact."

"Losing my tummy was one thing, losing so many pains, ailments was even better."

"It amazes me we're never told. Too many are making money off our ailments."

"Lost 20 lbs. with Jim's products."

"I eat all I want and don't gain weight, and don't exercise!"

"I suffered from painful, terrible hemorrhoids for 5 years. It all completely vanished."

"My body now works on strictly healthy, I couldn't ask for a greater miracle."

"Colitis was so bad, now completely cured."

"I lost 20 lbs. I finally have the flat stomach I always wanted."

"My mother didn't recognize me, lost 15 lbs., a beautiful complexion."

"The pills are an absolute godsend. They work wonders for me."

"Colon pills are doing wonders for me and my family. Love them."

"Jim's Colon products work great."

"Mr. Oberdorf, your products really work. Thank God I ran into it."

"I am using with good success the Colon Pills and Colon Cleanse."

"I've lost 5 1/2" off my waist. Terrific."

"Only great results from the colon pills."

The Amazing Natural Therapy Colloidal Silver

Safely Kills Over 650 Disease-Causing Pathogens

Colloidal silver is a solution of extremely fine submicroscopic particles of pure silver, each suspended in water by a positive electric charge. The particles remain suspended throughout the solution because these positive-charged particles repel each other with a force greater than gravity. A powerful germicidal, silver is an exceptional metal in that it is **nontoxic to the human body, but lethal to over 650 disease-causing bacteria, virus, fungi and molds** while pharmaceutical antibiotics are typically effective against only 6 to 7 bacteria.

Some new strains of bacteria have proven to be resistant to all antibiotics, but not to colloidal silver. Extensive research into the curative properties of silver has been conducted for many years at the Upstate Medical Center at Syracuse University in New York.

Dr. Robert Beck's experiments concluded that silver works on a wide range of bacteria, without any known side effects or damage to cells. He discovered that silver was doing more than just killing disease-causing organisms: it caused major growth stimulation of injured tissues. It may help regenerate tissue and eliminate old or cancerous cells and other diseased or abnormal tissue.

Dr. Richard L. Davies, Executive Director of the Silver Institute, which monitors silver technology in 37 countries reports: "In four years we've described 87 important new medical uses for silver. We're just beginning to see what extent silver can relieve suffering." Silver is used in most major burn centers in the U.S. UCLA medical labs found it effectively disabled every virus tested.

Lab tests have shown colloidal silver kills all known bacteria, fungi, viruses and molds within 2-6 minutes.

Many chronic infections, from pyorrhea to vaginal yeast infections, conditions often resistant to drugs, will clear up with colloidal silver.

Silver has proven itself in the treatment of burns, eye, ear, nose, throat, vaginal, rectal and urinary tract infections and used as a remedy for allergies, boils, ulcers, lesions, thyroid conditions, infantile diseases, eye wounds, enlarged prostate, warts, bladder inflammation, infections of the inner ear, sleepwalking and anorexia nervosa. Colloidal silver also acts as a tissue regenerator by stimulating the production of dedifferentiating cells.

Problem With Pharmaceuticals

It appears that every disease-causing bacterium has strains that can resist at least one, if not most antibiotics. The overuse of antibiotics is giving life to the spread of mutant microbes. Drug-resistant infections have also increased. Penicillin and tetracycline lost their power over the germ *Staphylococcus Aureus* in the 50's and 60's. It is worrisome as Staph has developed a resistance to the most powerful antibiotic. A health crisis is in the making and antibiotics are not the answer. New emerging diseases and super bugs are more of a threat now than ever before.

Colloidal silver can provide people with additional, non-prescriptive immunity armor to protect themselves. Unlike drugs, no pathogen has ever developed a resistance to colloidal silver. Fortunately, the timely reemergence of colloidal silver may prove to be the best remedy the public now has to protect itself from diseases, old and new.

How Colloidal Silver Works

It is a catalyst, disabling the particular enzymes that all one-celled bacteria, fungi and viruses use for their oxygen metabolism. They suffocate. Yet it is of no harm to human enzymes or any part of the human body chemistry. It kills disease-causing organisms in six minutes or less upon contact. Resistant strains fail to develop and the body doesn't develop a tolerance. It is both a remedy and a prevention of infections of any kind.

Partial list of 650 disease conditions where colloidal silver demonstrated proven clinical improvement:

Acne, Rosacea, Anthrax Bacilli, Arthritis, Athlete's Foot, Blood Poisoning, Bladder Infections, Bubonic Plague, Blood Parasites (causes gray hair), Cancer, Candida (Yeast Infection), Chilblains, Cholera, Chronic Fatigue, Colitis, Conjunctivitis, Cystitis, Dermatitis, Diabetes, Diphtheria, Dysentery, Eczema, Fibrositis, Gastritis, Gonorrhea, Hepatitis, Herpes Virus, Hay Fever, Impetigo, Influenza, Keratitis, Leprosy, Leukemia, Lupus, Lyme Disease, Lymphagitis, Malaria, Meningitis, Neurasthenia, Ophthalmia, Pneumonia, Pluerisy, Pruritis Ani, Psoriasis, Pymphagitis, Rheumatism, Rhiritis, Ringworm, Rosacea, Scarlet Fever, Seborrhea, Septicemia, Shingles, Skin Cancer, Staph Infection, Stomach Flu, Strep, Syphilis, Tonsillitis, Toxemia, Trench foot, Trachoma, Tuberculosis, Whooping Cough. Also used for all bacterial, fungal and viral attacks on plants. Spray diluted silver on leaves and add to soil water.

Having sufficient colloidal silver in your body is to have a superior, second immune system.

Silver Was Used Until 1938

Colloidal silver is the most usable form of the most effective disease fighter there is. The body actually needs colloidal silver to fight disease-causing organisms and aid healing. Older folks feel younger as their body's energy is used for other than fighting disease. Fantastic successes have been reported in many cases previously given up by establishment doctors.

BEWARE OF A DANGEROUS FORM OF COLLOIDAL SILVER

Colloidal silver is pure metallic silver of submicroscopic clusters of a few atoms held in suspension in pure water by a tiny electric charge on each atom. **It is not a chemical compound containing silver. A dangerous form uses a small high voltage device with 2 silver wires in water. This is not colloidal silver, but silver chloride, a poison that deposits silver in the body and causes gray skin.**

The Enlarged Prostate

The Cause -- Bacteria and the Metal Nickel

Shrink, Eliminate Problems and Maintain a Healthy Prostate

The need to urinate again and again suggests pressure on the urethra from an enlarged prostate. We get nervous when diagnosed with an enlarged prostate or an above normal PSA. Some look for alternatives to drugs or surgery. Natural products are suggested that typically use *pygeum africanum*, *saw palmetto*, *nettles*, *panax ginseng*, *zinc*, *flax seed oil*, *cranberry extract* which may have a reducing effect. What is not clear is *what* they do and *why*. Reasons are given, but they do not identify what actually causes the prostate to become enlarged.

An enlarged prostate is just another internal organ that is abused, polluted, distorted and invaded by pollutants, parasites, bacteria.

The prostate is next to the colon and actually touches it. If the surrounding tissues and lymph system are blocked and polluted, it prevents the prostate from flushing out its toxins. **The colon and prostate have a definite relationship.** By keeping your colon clean you help keep your prostate clean. A great start, but not the whole story.

Specific Culprits Cause the Prostate to Swell

The prostate is like a garbage site that collects trash, pollutants and toxins. For some reason, the *metal nickel* is always drawn to the prostate. **Any nickel absorbed by the body accumulates in the prostate in men (breast in women). Nickel does not belong in our body!**

What is the effect of having the prostate loaded with nickel? **Bacterial invasion that causes the prostate to become enlarged!** Urinary tract bacteria need nickel and are attracted to the prostate because of nickel. They massively reproduce, causing the prostate to swell. Without nickel, bacteria will not survive.

A clue is ammonia smell. Urine does not smell of ammonia. We do not make ammonia, but bacteria do! Urine smell of ammonia indicates massive bacteria in the prostate. Why do bacteria need nickel? Urinary tract bacteria use your urea as their food. To digest it, they break the urea molecule apart into ammonia molecules, and their digestive enzyme, urease, requires nickel to do its job.

The immediate answer to shrink an enlarged prostate is to destroy bacteria and begin to eliminate decades of nickel buildup. Long term, the solution is to stop absorbing nickel. Prostate problems can be gone when bacteria don't have nickel.

Silver Water Destroys Bacteria in the Prostate

To shrink an enlarged prostate, you must drink from 5 to 15 ounces or more daily. There is no general rule. Drink more initially, and then drop to one or two ounce daily maintenance. You feel its positive effect very quickly.

"Nickel Eliminator" Eliminates Nickel

There are some supplements that can help eliminate nickel from the body and prostate, yet we know the benefits of *Nickel Eliminator*. It is amazingly effective in that it does one primary thing -- eliminate nickel from the body! Shortly after taking it, you know something is happening. The skin and scalp are first to experience nickel elimination. The first thing that happens quickly is some hair growth returns and some skin disorders disappear. The prostate contains the major burden of nickel and eliminating decades of nickel accumulation can take months or even a year. But with continued daily use, more and more microscopic particles are eliminated each day.

Keeping Nickel Out Permanently

The bad news is that nickel is everywhere; the good news is that you can make simple changes to avoid absorbing nickel. Yet, long term, you must make a major change to eliminate the primary source of nickel. Pots, pans and utensils all contain nickel, and we absorb it regularly, minute as it may be. Stainless steel is 8% nickel. Does it really come off? A knife in mayonnaise reacts to loosen nickel and a film comes off that you eat. This alone gives bacteria their daily supply of nickel.

Switching to wood or plastic, and no longer using metal pots and utensils is impractical. Yet knowing the problem allows for simple changes: use plastic utensils for butter, cream cheese, mayonnaise, spreads, dressings, etc.; don't use produce wrapped in metal foil.

Are you wearing metal jewelry? Metal watches, eyeglasses, rings, chains, bracelets can be changed or removed. Nickel is fat soluble and stored in skin fat temporarily when a surge enters the body. Skin oils can be loaded with nickel causing skin allergies, and nickel is then transported into the body.

The Primary Source of Nickel is Dentalware

If you have a serious prostate problem, you should know that the major source of nickel is **metal dentalware**. Nickel is in fillings, bridges, gold, retainers, braces and amalgams.

The permanent solution is to remove all metal from the mouth, mercury amalgams, fillings, bridges, crowns, caps, root canals.

Fillings can be replaced with plastic or composites. It may seem drastic, but it is the underlying cause of metal pollution of the body, and it is up to you to decide how to act upon it.

The Wonders of *Silver Water*

Our body organs and tissue are infiltrated with pollutant substances and pathogen invaders like bacteria, viruses, fungi, molds and parasites, causing many afflictions. These destructive pathogens invade organs, utilize body fluids, live off us and give us their waste. We pay the price with our health, deficiencies and disabilities. By destroying the invaders, we can restore more normal, healthy functioning to organs and bring relief to many afflictions, including pain.

Destroying invaders without chemical antibiotics

The wonders of colloidal *Silver Water*. You drink it like water, it tastes like water and you apply it topically. The colloidal silver particles destroy harmful bacteria, viruses, fungi, molds and single-cell microscopic parasite stages upon contact. In a short time, you will feel the benefits of the invaders being vanquished. Pain, which is often caused by bacteria, is gone without prescription drugs, antibiotics or chemical products that often contribute to problems.

Amazing relief to so many afflictions

Incredible as it may sound, here are some disorders that can be corrected and/or eliminated:

Pain, aches, muscle pain, bloating, gas, pneumonia, ear and sinus infections, colds, sore throats, flu, viral infections, allergies, hay fever, ulcers, candida, chronic fatigue, bladder infections, arthritis, rheumatism, enlarged prostate, yeast infection, herpes, athlete's foot, rashes, acne, skin disorders, and in dental hygiene, receding gums, pyorrhea, gingivitis, gum infections, canker sores.

Facts are documented in medical journals

Lab tests have proven that destructive bacteria, viruses and fungi are killed within minutes of contact with a silver colloid. They all breathe the same and die the same -- quickly!

Silver Water is the safest, most beneficial product you can put in and on your body

Many colloidal silver products simply do not and cannot work. Colloidal silver is only effective when processed in the most stringent, precise, *non-chemical* procedure. Most commercial products are made chemically! Large particles and additives are useless having fallen out of suspension. ***Silver Water* is made using lightning rods according to the original formula over 130 years ago.** It has advanced the state of the art with maximum saturation for permanent electrical suspension in pure water. *Silver Water's* particles are small enough to penetrate the target organisms.

How silver colloids work

Silver colloids are tiny, charged particles of pure silver electrically suspended in pure water. Silver disables the specific enzyme that microorganisms need to metabolize oxygen (breathe). They suffocate and die shortly after exposure to a silver colloid.

Successful against hundreds of health disorders

Silver Water has even accelerated new tissue growth in burns and prevented infection and scarring. It is completely safe, does not harm helpful enzymes or flora, does not accumulate, has no known drug interaction, is nontoxic, has no side effects, tolerances, known *super strains*, mutations.

Rave reviews from prestigious doctors, researchers, institutions and publications

I know of no microbe that is not killed in laboratory experiments in six minutes. -- Dr. Henry Cooks

When silver was present, the cancer cell dedifferentiated and the body was restored. -- Dr. Gary Smith

...major enhancement of both the rate and competency of the healing process. -- Robert Becker, M.D.

...studies showed the spectrum of organisms susceptible to electrically generated silver ions was wide and ...compared favorably with... other antibiotics.

-- J.A. Spadaro, Ph.D.

It killed... every virus tested in the lab.

-- U.C.L.A. Medical Center

...in eye opening research, silver is emerging as a wonder of modern medicine...perhaps soon will be recognized as OUR MIGHTIEST GERM FIGHTER.

-- Science Digest

NOTE: Silver colloids destroy single-cell organisms, bacteria, viruses, single-cell parasites; not worms or parasite stages.

INFORMATION: One bottle of *Silver Water* contains 32 fluid ounces, with a one ounce measuring cup. Suggested daily use is one to two ounces. Before swallowing, gargle and swish around the mouth and gums. For initial cleansing or afflictions, larger amounts are needed. Topical use: Use spray bottle to spray afflicted areas. After a shower, spray entire body and face for a wonderful glow and appearance.

INGREDIENTS: Purified, deionized micro-filtered water, and 3 parts per million of silver mineral (99.999% pure). One ounce contains over 9 billion electrically charged particles of pure silver mineral. Storage: Room temperature; do not refrigerate, freeze or put on cement.

"Paul, Silver Water is Truly a Miracle Product!"

DOCTOR AMAZED PSA STEADILY RECEDING

My PSA was rising steadily until I started taking Silver Water. Now my Doctor is amazed that my PSA is steadily receding. My daughter credits it for clearing some internal infections.

SILVER WATER IS GREAT

Paul, I have ordered 10 bottles of Silver Water. This stuff is great. Even my cat drinks it now to help her gums.

NIGHT URINATING AND FLU GONE

I was down with a very severe case of Flu or maybe even walking pneumonia, plus a badly swollen prostate. Could not sleep laying down because of heavy lung congestion. Had to get up 3-4 times per night to urinate. Since drinking Silver Water, I have not had one single accident of wetting, my flu has cleared up a lot.

FANTASTIC THINGS FOR US

It has done such fantastic things for my wife and myself that we don't want to ever run out of it. Believe it or not, results the very first day, more energy, truly phenomenal results. You have a miraculous product.

HELPED SORE THROAT OF MANY YEARS

Silver Water is helping my sore throat which I have had for several years and also my sinus condition. I wish I had it 20 years ago.

BIG CHANGE IN PROSTATE

Your product is making a big change in my prostate problem and I wish to continue its use to hopefully clear up the problem and then start on the colon cleanse and liver cleanse.

DOES EVERYTHING AND MORE

Thanks a million for introducing it to me. I am telling everyone. I am 90 and actually show results that I cannot praise silver water enough. It does everything and more you speak about. My daughter is just amazed at what she saw in two days. She is ordering 4 bottles.

LOVE SILVER WATER VERY MUCH

I love your Silver Water very much, I will be ordering late Nov. or early Dec. As I start my last quart. Then I will never order under 4 quarts. Thank you very much.

SILVER WATER HEALING GUMS

Silver Water is doing a marvelous job of healing my gums, and I believe helping destroy some harmful bacteria in my stomach. Will let you know if the good results continue.

BEST THING TO EVER HAPPEN

My brother, sister-in-law and friends take silver water and say it is the best thing that ever happened to them. They don't take half the prescriptions they used to. My wife has saved approx. \$3,000 in doctor prescriptions since taking it.

NOTICED MARKED IMPROVEMENT

Since using colloidal silver water I have noticed a marked improvement in how I feel. I'd like to reorder another bottle.

NOT ENOUGH SUPERLATIVES TO DESCRIBE SILVER WATER

To my very special friend Paul, you made my day. I am going to try to make good days for you. There are not enough superlatives in the English language to describe your silver water.

SAVING PEOPLE TO LIVE LONGER

This is a wonderful blessing you have at present, good for everyone that uses it. You are saving people to live longer. Bless you, Paul Oberdorf, I praise you.

SILVER WATER CAN'T BE BEAT

Dear Paul, my bleeding gums are cured, never felt better in my life, also like you say, it heals scrapes and sores in a short time. My idea this stuff can't be beat.

SILVER WATER IS A MIRACLE

Silver Water is a miracle. No wonder we don't know of it - it would put chemical drugs/antibiotics out of business.

GREAT HELP FOR BETTER HEALTH

Thank you. We believe in the products and get good results and plan to keep ordering them as I go through 2 bottles per week. This is a great help to us and helps us to be able to use your products in hopes of better health for John and myself. Blessing upon you Paul.

PSA REALLY DROPPED

I had a prostate problem. My PSA was elevated with discomfort. I tried Silver water. Wow! 2 weeks later my PSA really dropped, pain was gone and I have been feeling great.

URINATING BLOOD GONE

I was urinating blood for a few days. I drank Silver Water and I couldn't believe it -- the next day gone. You're right, it was urinary tract bacteria.

BEAT FLU WITH SILVER WATER

I beat the flu. It was going around but I never got it.

GUM, BACTERIA INFECTIONS GONE

I gargle, drink Silver Water. All my gum problems and bacterial infections are gone! Amazing. What a bacteria cleaning, never felt better in my life.

EAR INFECTION DISAPPEARED

My ear infection disappeared to my amazement & doctor. Wonder product.

PSA DOWN CONSIDERABLY AFTER 3 WEEKS

Would you believe my PSA went down considerably after 3 weeks of Silver water. Now I understand bacteria were having a field day down there.

HAD PNEUMONIA FOR 2 MONTHS, GONE IN A WEEK

I can't take antibiotics and had pneumonia for 2 months. In one week I beat it with Silver Water.

TOO GOOD TO BE TRUE

Too good to be true. My sinus problem is gone and no more pain after using Silver Water. Why haven't we been told about this?

"Having sufficient Silver Water in your body is having a superior, second immune system!"

Silver water healed my ulcer in just weeks!

With silver water been feeling great!

Rush 3 bottles of Silver Water, I'm out and need it badly!

After a year of antibiotics my mouth infection was cleared in 3 days.

My PSA test was rising steadily until taking Silver Water. My doctor is amazed that my PSA is steadily receding. My daughter used it and credits the clearing of some internal infections.

Paul, I ordered 10 bottles of Silver Water. This stuff is great. Even my cat drinks it now to help her gums.

Had a very severe case of flu or maybe even walking pneumonia, plus a badly swollen prostate. Got up 3-4 times a night to urinate. Since drinking Silver Water, I have not had one single accident and my flu has cleared up a lot in the past weeks.

Silver Water has done such fantastic things for me and my wife that we don't ever want to run out of it. We noticed, believe it or not, results the very first day. You have a really miraculous product.

My family and friends agree Silver Water is the best thing that ever happened to them regarding healing. They have been able to reduce their prescription drug bills by so much and don't need those chemicals anymore.

My bleeding gums cured, sores healed in short time, never felt better in my life. It just can't be beat.

Wonderful blessing, good for everyone, you're really saving people's lives.

Love Silver Water very much.

Enormously helpful and can't get over the effectiveness of your products.

Thanks a million. I'm telling lots of people about Silver water. Can't praise it enough, it's even more than you say. My daughter is amazed at her skin after just two days.

Great product, good results - my second order.

I believe you Paul. I put my money where my mouth is. Thank you.

Silver water is helping my sore throat and sinus condition that I had for years.

Silver water is marvelous in healing my gums and destroying harmful bacteria in my stomach.

Bless silver water, ordering 8 bottles. My family has had such good results.

A marked improvement in how I feel.

It is even better than one could hope for. So many physical improvements, too many to mention.

I haven't needed antibiotics in 5 years ever since I started with Silver water.

Instead of an apple a day keeps the doctor away, it's an ounce of Silver Water that keeps the doctor away.

The demand for Silver Water is great!

A marked improvement in how I feel.

I feel stronger and don't tire as much.

Working miracles on my body.

Letting all know how great it is.

Medical doctor reorders 12 bottles.

Great product, good results.

My family has had such good results, we feel we have all been blessed.

It's nice to see a solution for our nation's health problems that doctors don't seem to understand.

Gives great feeling to overall system.

Roland Wain, manufacturer of Silver Water: Silver Water can rid you of walking **pneumonia** in just two days that you normally walk around with for six months. You drink from a third to one bottle a day.

A woman had severe **allergies**, open sores, **high blood pressure** as well as **tumors**. After two months of Silver Water, her hands were soft and smooth, no signs of high blood pressure and even her tumors were not detected.

Another woman with **diabetes** had her sugar levels drop to an even safe level, and she did not even need to take insulin any longer.

A young boy had lots of **ear infections** that tubes could not even help. Putting Silver Water into his ears, the infections vanished and never returned.

A boy had **high fever** of 107 degrees. The hospital caused him to go into shock after submerging him into a cold bath to reduce the fever. They sent him home. That same day he took Silver Water and by 10:00 P.M. that night his fever was gone.

If you have **acne**, combine one level teaspoon of baking soda with 6 to 8 ounces of Silver Water. Drink it after each meal, and acne should clear up completely in only 5 days.

Paul Oberdorf: These stories are just a few of the many we get regularly telling us about the wonders of Silver Water. Our customers, tens of thousands keep ordering Silver Water over and over for years. Virtually no one said Silver Water did not help them. It is nature's pure germ killer without the side effects and limitations of chemical antibiotics. And its greatest asset is prevention -- taking 2, 3 or 4 ounces a day can prevent the onset of many afflictions.

We have *THOUSANDS* of wonderful amazing stories about the effectiveness of *Silver Water* to heal afflictions by destroying pathogens that have invaded the body.

Bad News Nickel

Plus Mercury, Root Canals and Dead and Decaying Teeth

Nickel is a carcinogen. Its toxicity and hazards are well known as well as the relationship of nickel, mercury and root canals to cancer, tumors, autoimmune disease. Studies of industrial workers exposed to nickel dust/alloys show a marked increase in cancer. Nickel is used by some cancer centers to induce cancer in lab animals, the same nickel alloy used by dentists.

Nickel is in dental crowns, braces, amalgams and porcelain. Estimates are that 50% of dentists use nickel crowns, yet charge insurance companies for gold.

Nickel and mercury lower T-cell counts, causing serious immune deficiency. Alternative dentists often see behavioral changes; in teenagers, symptoms are often gone when nickel braces are removed. Upon removal of nickel based dental ware, T-cell counts are usually restored in a few months.

People in wheelchairs -- it can often be attributed to root canals. Studies have also shown that some women with heavy nickel crowns developed a specific type of breast tumor. How many women are getting breast tumors as a result of nickel crowns?

Nickel is a cancer-stimulating metal, worse than mercury, by causing DNA damage that prevents cells from repairing and duplicating. It has adverse effects on the immune system, alters chromosomes and destroys T-cells, especially *Natural Killer Cells* (NK), a major defense against cancer.

Tests for T-lymphocytes, an important immune system component, show they were lowered with nickel crowns and amalgams, and this increased the risk of cancer, infectious and autoimmune disease. Upon removal, T-lymphocytes counts began to rise.

Root canals and dead teeth invite bacteria. In the absence of oxygen, most things die except some bacteria that flourish and produce some of the strongest poisons.

A woman lost all symptoms of kidney failure after removing 3 nickel crowns that were poisoning her -- a rare case that was diagnosed properly. **Another woman with brain cancer and 3 tumors** was given 3 to 6 months to live. After removing 3 root canals, she is still alive 6 years later with no trace of tumors.

Thomas Levy, MD: Nickel is rapidly gaining a reputation for its toxicity. Most partial dentures are made of nickel. Approximately 80% of crowns use nickel, even *porcelain*. Braces usually are nickel, stainless steel usually a nickel alloy. Nickel compounds have been unequivocally implicated as human respiratory carcinogens in epidemiological studies of nickel refinery workers, and there appears a relationship between nickel crowns and breast cancer in women.

Dr. David Eggleston: Nickel is not nearly as active as mercury, yet it corrodes and is far more carcinogenic. There are severe known reactions to nickel toxicity.

Dr. Pinto: He believes mercury is a cause of Hodgkin's and leukemia. "I don't feel comfortable using a substance designated by the EPA to be a waste disposal hazard. I can't throw it in the trash, bury it in the ground, or put it in a landfill, but they say it is OK to put it in people's mouths."

Richard Fischer, DDS: "What is it about the mouth that makes this hazardous waste (mercury, nickel) nontoxic?"

Sandra Denton, MD: "If I were diagnosed with an incurable degenerative disease, I would definitely extract any questionable teeth. The infected tooth you leave in could be the one that is killing a patient."

Harold Ravin, DDS: Mercury is a carcinogen and more toxic than arsenic. Research has demonstrated that 100% of all root canals result in residual infection due to the imperfect seal that allows bacteria to penetrate. Toxins given off by these bacteria can cause systemic diseases of the heart, kidney and uterus as well as the nervous and endocrine systems.

Weston Price, DDS: Claimed that toxins seeping out of root canals can cause systemic diseases of the heart, kidney, uterus, nervous/endocrine systems. If removed, kidney and heart disease could be resolved in most cases.

Theron Randolph, MD: American dental schools ignore mounting evidence on toxicity from dental restorations, especially amalgams, despite clear documentation in European studies.

Dr. Hal Huggins: Author of *"It's All in Your Head"* links mercury amalgams and illness, and exposes the deteriorating state of health and the possible effects of mercury toxicity, including Alzheimer's, chronic fatigue and many other autoimmune disorders. Plus, more than 75% of crowns (and braces) placed today are nickel. Erratic teenage behavior may not have been there before braces were put on.

Dr. Joseph Issels: Treated terminal cancer in Germany for 40 years and turned around 24% of 16,000 patients by removing root canal teeth. He identified severe damage caused by root canals and would not treat any cancer patient who did not allow all dead teeth to be removed as he could not obtain good results without this.

Gary Verigan, DDS: One of the big problems is that people often go through many doctors and therapies in search of answers for their problems, never realizing that their chronic conditions may be traceable to dental complications.

Edward Arana, DDS: President, American Academy of Biological Dentistry: Dental infections and disturbances can cause pain and dysfunction in the body, including limited motion and loose tendons, ligaments, and muscles. Structural and physiological dysfunction can also occur, impairing organs and glands.

Michael Ziff, DDS: Author of *Dental Mercury Detox*, says research has demonstrated 100% of all root canals result in residual-infection.

German Ministry of Health: Amalgam is considered a health risk due to release of mercury vapor, and has been prohibited since 1992.

Charles Gableman, MD: Leader in environmental medicine, always advises patients to remove amalgam fillings.

"Nickel Eliminator"

Eliminates Nickel From the Body

The Most Serious Metal Offender of the Body is Nickel

Of all metals that accumulate in the body, *nickel* is by far **the most prevalent**. It surpasses mercury, copper, chromium, lead, cadmium and asbestos. **Nickel is everywhere**, and we absorb microscopic traces daily. Over time, the body loses its ability to detoxify nickel and it accumulates.

Pots, pans and utensils all contain nickel. Stainless steel is 8% nickel. A knife in mayonnaise reacts to loosen nickel and a nickel film comes off that you eat. Metal jewelry, watches, eyeglasses, rings, chains and bracelets introduce nickel into the *skin*. Nickel is fat soluble, stored in the skin fat and transported into the body.

Skin oils can be loaded with nickel causing skin allergies, skin disorders and hair loss!

The Primary Source of Nickel is Dentalware

Nickel is in fillings, bridges, gold, retainers, amalgams, braces, crowns, and it seeps into the body for decades. When we are younger, the body is able to detoxify and eliminate nickel. But with a constant stream over the years, the body loses its ability and nickel accumulates. At age 50 plus, so many people have an abundance of nickel accumulation.

Nickel buildup in the prostate is the underlying cause of prostate enlargement. Urinary tract bacteria love, need and thrive on nickel. They invade the prostate, massively reproduce and cause it to swell. They must have nickel to survive and reproduce. *Silver Water* is the wonder product that kills the bacteria, but as long as nickel remains, bacteria return.

Nickel is pervasive in the body tissue and accumulates in the prostate (men) and breast (women).

"Nickel Eliminator" Removes Nickel

Nickel Eliminator (capsule) is amazingly effective in **eliminating nickel from the body!** Shortly after taking it, you know something is happening. Eliminating decades of nickel accumulation in the prostate takes months, a year or longer, but eliminating nickel from the body tissue happens quickly!

The skin and scalp are first to experience nickel elimination, and often times, hair starts returning in many thin areas.

The prostate contains the major burden of nickel, and though it takes much longer, each day microscopic particles are eliminated. In weeks or months, you begin to feel big-time improvement. It is highly recommended that you drink 1 to 2 ounces of *Silver Water* daily to destroy bacteria.

The main ingredient of *Nickel Eliminator* is an amino acid, *L-histidine*, that acts as a chelating agent and binds itself to nickel. The body does not make histidine; it comes from animal and vegetable proteins, pork, poultry, cheese, wheat germ, but amounts are negligible.

Take One or Two Nickel Eliminators Daily

Carefully observe your hair, hairline and bald spots. In days, you may notice a difference as hair grows faster, more hair, less receding hairline. **It gets better each day as more and more nickel leaves the body.**

After one week, if you are not aware of any side effects, take two *Nickel Eliminators* a day, one in the morning and one in the evening. Do not take more than two a day. With decades of nickel accumulation, it is best to eliminate it slowly. Nickel is eliminated in the urine, and you don't want to overload the bladder and kidneys. *You can prove it to yourself with a urine analysis test for nickel and other heavy metals.*

Side effects. Most people will have no reaction, but some are so loaded with nickel that it may not leave the body immediately. You might experience a slight headache, slight pain or muscle or joint aches around the upper leg, groin, inner thigh. Not too worry, it just indicates how severely you're loaded up with nickel. So go slower, take 1/2 capsule a day or one every other day and monitor your reaction.

Whether you go slow, normal or fast, your goal is always to eliminate nickel from your body no matter how long it takes. Nickel belongs in the earth, not in our bodies!

Wonderful Prostate Benefits. The benefits are profound because you are addressing the underlying *cause!* It is a slow process due to the abundance of nickel, yet each day, microscopic traces are being eliminated. Over time, as nickel is depleted, bacteria will not have their meal ticket anymore and stop invading. The prostate can then shrink, heal and PSA drop as it really is a measure of the *condition* of the prostate.

Wonderful benefits for health, skin, pain, arthritic problems. Nickel is a *carcinogen*, and its elimination has many profound health benefits. Many skin allergies, disorders, redness, facial discoloring, unexplained symptoms, pains, arthritis, muscle/joint/neck/shoulder ache, candida are often caused by nickel (and other metals) that attract bacteria and fungi. There are so many therapeutic benefits upon eliminating nickel (and other heavy metals).

Only use *Nickel Eliminator*. *L-histidine* can be purchased in some health food stores, but it may be impure, polluted, 3rd world imported, ineffective and nonabsorbable with reduced or minimal capacity to eliminate nickel.

Liver Flush & Cleanse

Phenomenal Rewards by Eliminating *HUNDREDS* of Stones that Obstruct the Liver and Gallbladder! Restores Detoxification and Digestion. CHOLESTEROL LEVELS DROP!

True Health Comes About by Eliminating Foreign Substances from the Body

It should now be clear that true health does not come from drugs or even supplements. True health comes about by *eliminating foreign substances from the body* that hamper vital organs from performing their natural function. In the 20th century we have introduced massive amounts of pollutants, chemicals, toxins and unnatural, foreign substances into our food and body products. **The human immune system was simply unequipped for this onslaught**, which has resulted in our health being jeopardized. To undo this, the first vital step is to cleanse the colon, then the liver and kidneys.

The Liver is Our Most Vital Organ and May Even Determine Our Life Span

It is the main detoxifying gland, and its capability to detoxify food, chemicals and foreign substances is the basis of our health. It has miles of bile ducts, and when some are obstructed, others take over. But when a whole section gets obstructed it can no longer detoxify a whole set of chemicals, and chemicals enter the bloodstream and travel throughout the body, even the brain.

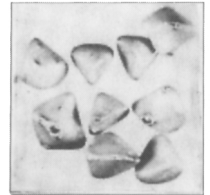
A Clogged, Contaminated Liver Results in Minor and Major Afflictions

The bile ducts are clogged with pollutants, metals, chemicals, parasites, bacteria and viruses, and the liver's response is to turn it all into **stones** and push them into the gallbladder (gallstones). Stones come in different sizes, shapes and colors, and many contain cholesterol crystals preventing cholesterol from leaving the body, thus raising cholesterol levels.

The key to a vigorous, pain-free, healthy life is clean, unobstructed, properly functioning organs.

Liver Flush is as Dramatic, Effective and Rewarding as Colon Cleanse

Eliminating stones dramatically improves digestion, the basis of our health. Allergies and pain can disappear and you will have more energy and a sense of well being. A liver flush can eliminate hundreds of stones and clean out miles of bile ducts. The liver's job is to make bile, and bile ducts choked with stones obstruct the flow of bile resulting in less bile being produced. Without enough bile, the body gets toxic, cannot metabolize nutrients and causes increased cholesterol. Bile removes excess cholesterol, emulsifies fat, breaks down saturated fats into unsaturated, and is necessary to eliminate chemicals, toxins and pollutants. The bile ducts can be full of cholesterol as stones prevent cholesterol from leaving the body.



It is Extremely Important to Unclog the Liver by Flushing Out Stones

A single liver flush will not rid you of all stones, and it should be repeated 3 to 4 times per year. The first cleanse rids you of many stones, but there are stones in the rear that travel forward. Just as so many people have polluted colons, they also have clogged, handicapped livers and don't know it. With an unclogged liver, free of stones, it is unlikely one would be sick.

The primary source of unnatural, foreign substances that clog our organs are processed foods and beverages; then body products, cosmetics, cleansing agents and detergents that contain a host of chemicals, toxins, solvents and pollutants that seep into the body. Though amounts are minute, they accumulate over time and handicap vital organs.

WHAT YOU NEED TO DO THE LIVER FLUSH

3 quarts APPLE JUICE (natural, not concentrate, no sugar added)

One cup OLIVE OIL (extra virgin)

8 to 12 oz. Classic COKE (room temperature, preferable bottle)

JUICE from one LEMON (freshly squeezed lemon juice)

'*SUPER PHOS 30*' drops (can be purchased from NMS Publishing)

Imagine How You'll Feel WITHOUT 100's of Stones in Your Liver!

WORKED JUST AS YOU SAID. PASSED OVER 200 GREEN STONES

Paul Oberdorf: I'm so thankful for your advice on the Liver flush. I feel so relaxed and full of life. It worked just as you said it would. I passed over two hundred olive green stones, the biggest were about the size of a marble, about ten, the rest were pea size and smaller. I had been experiencing pain on my right side for over five years, and the pain left the day after the flush. I am passing your info on to those looking for better health and life. Thank god for people like you.

500 STONES IN 2 LIVER FLUSHES

Paul, did the liver flush and passed over 300 stones, pea sized to size of a walnut. I feel much better and pain went away. A month later another flush passed 200 stones.

SLIM WOMAN PASSED 1,000 STONES IN ONE FLUSH

I am a slim woman who works for Paul Oberdorf and decided to do the liver flush after another employee passed about 50 stones and said it was a piece of cake. It wasn't for me. I was in much discomfort and felt weak for a few days. But it was shocking to me as I passed nearly 1,000 stones, about 200 each time I went to the bathroom. I couldn't believe that was inside me as I'm slim. I'm ecstatic to have gotten rid of it. Now I feel great.

7 LIVER FLUSHES, STILL STONES

My 7th liver flush and still some stones, some large as marbles. It's hard to believe all the stones I got out.

MD, COMPLIMENTARY MEDICINE

Thanks again for your True Health & Healing. I have excellent results with colloidal silver for infection and pneumonia. The liver flush is a godsend with nonsurgical relief. After I, my wife and my patients did it, I am convinced it is safe and effective in cleansing the gallbladder, liver and entire body that results in energy and stamina galore!

HEALTH CLINIC

Mr. Oberdorf, I am intrigued the way you put together a basic foundation of information to help people reverse their health conditions.

PEAS, CHERRIES, WALNUT SIZE

Paul, the liver flush worked just as you said, mostly green peas, a few size of cherries, one walnut size.

CAN'T BELIEVE HOW GREAT I FEEL

Passed 200 stones, one dime size. Can't believe how great I feel.

4 FLUSHES, LIVER IS CLEAN

After my fourth liver flush my liver is clean. No more stones came out after passing hundreds in 3 flushes.

500 STONES CAME OUT OF LIVER

A friend of mine had gallstones and did the liver cleanse. She saw about 500 stones come out of her and now has more energy than ever.

CANCELS GALLBLADDER SURGERY

My gallbladder was painful for months. My doctor scheduled surgery. I did the liver flush and passed stones. I called the doctor, cancelled the operation, said I'm fine, don't need it. He was furious.

CURED ALLERGIES, ELIMINATED 2 CUPS OF STONES

In search for a cure for allergies, a friend did the liver cleanse eight times and got rid of at least 2 cups of stones.

MEMORY RETURNED IMMEDIATELY

After the liver flush my memory immediately came back like the old days. I now see numbers and don't forget.

ABOUT 500 STONES CAME OUT

I did the liver flush and got out about 500 stones. The liver and gallbladder dump stones into the intestines thru the bile ducts. I did not use the Epsom salts and I felt my liver spasm. The ortho-phos drops softens the stones.

FACED SURGERY UNTIL LIVER FLUSH RELIEVED HIM OF THOUSANDS OF STONES

Benefits are immeasurable. The liver cleanse relieved me of 1000's of stones from my liver and gallbladder. If not for the cleanse, I feel sure I would have faced surgery.

PRODUCED 500 SMALL STONES

I finished my second liver cleansing... no pain or discomfort. The first produced about 500 small stones, 5 to 10 bigger ones (like small peanuts) and a lot of chaff. The second flush about 200 small stones, about 20 big ones.

SAVED FROM LUNG DISEASE

One therapist swears she saved two people from a serious lung problem. It was a miracle.

AMAZED IT WORKED AS WE SAID

I was amazed to find it worked exactly like you said. It's really hard to believe I passed 35 stones, especially since 32 stones were removed before in gall bladder surgery.

SYMPTOMS DISAPPEARED WITH LIVER FLUSH

I did not realize that by doing a liver flush I could have better body functions. After the first flush my symptoms disappeared and never returned. I now do a flush every 12-16 weeks to keep stones and cholesterol out of the liver. Helps in all phases of my life.

5 LIVER FLUSHES, 1,000 STONES

The real thing was the liver cleanse. My symptoms disappeared, feel lighter, more energetic. 5 flushes got out 1,000 stones, most green or tan, some as large as marbles.

THREE DOCTORS SAYS IMPOSSIBLE TO CLEANSE LIVER

After doing the cleanses, especially the liver, I haven't had any symptoms in over 6 months. I have friends who did it and recovered. Maybe doctors will finally start using this, but 3 doctors I mentioned it to said that it is impossible to clean out the liver. Huh?

SO MANY HAVE A CLOGGED LIVER

Tried the liver flush after feeling bloated, loss of appetite and pressure in my abdomen. I finished my 2nd cleanse and already see results, expelled many stones, pressure subsided and my appetite back. A friend tried it with the same results. He couldn't believe the stones he passed. I thought about all those people with clogged up bile ducts and unaware of the health risk of a liver not functioning properly.

14 YEARS OF TREMBLING GONE

A man was trembling constantly for 10 years. After 2 flushes he was able to return to work regularly.

OVER 1,000 STONES, CANCELLED GALL BLADDER OPERATION

My elderly father in Jamaica was scheduled for a gall bladder operation. I insisted he do the liver flush and he was in shock as over 1,000 stones came out. Needless to say he is ecstatic and cancelled the operation.

LOWER CHOLESTEROL

My cholesterol is high and I heard your liver flush will bring it down.

Nathalie Tucker, Chiropractor, got such great results with the Liver Flush, she put her patients on it. "Everyone passed at least 100 liver stones."

How was your first liver flush?

It was an explosion! 2 to 3 stones, then 50 stones 30 minutes later. Each time more and more stones appeared. I passed over 250 stones. The next flush another 100. The only way you can get stones out is to flush them out.

How big were the stones?

Some were the size of cherries, others a pin head. The bigger ones came out first, then the smaller. They were like green peas, soft and a little bit oily. You don't feel anything.

How did you feel after the flush?

The following day, I felt a surge of energy. I felt great. Everything about the liver flush was true. It's just unbelievable how good it makes you feel.

How often did you go on the flush?

Four times a year. Before that I was bedridden. I had the Epstein-Barr virus and chronic fatigue. Even the best herbal supplements didn't help. After the flush, the virus wasn't there and my chronic fatigue gone! I'm healthy as a horse. Over the years I passed over 750 stones.

When did you put patients on it?

Immediately. They were all jubilant because of how great they felt after the flush. It was like taking a large weight off them. I put 150 patients on the flush. I never had one who didn't benefit. Three cases of chronic fatigue who were bedridden are now fine. The flush also helped diabetic and cancer patients and a man with Parkinson's. Two patients said their vision improved. When you remove stones from the liver, every organ is healthier.

How many people have stones?

I have never found anyone who didn't. Everyone I put on the flush passed at least 100 to 300 stones. One man passed a monstrous 2 1/2 inch stone, very dark green, super saturated with bile. He was so pleased as he felt so much better.

Any downside to the flush?

The worst is getting the olive oil down, it can make you nauseous. Coke helps a lot. It also helps to get a good-grade of olive oil that is thin instead of thick. This helps it go down easier.

How often does one take the flush?

Many can be greatly helped by doing a flush every 3 to 4 months the first year. Then, never less than once a year.

COLON THERAPIST JULIA SMITH ON THE LIVER FLUSH.
"One stone was the size of a golf ball. The inside hard and white."

What comes out in a liver flush?

Liver and gall stones, often so coated with fungus you can hardly see the green. Also a lot of yellow acids. One person passed stones so large they clogged up the plumbing. My mother had a terrible gall bladder attack that almost killed her! She was scheduled for surgery. I said "No" and gave her the liver flush. She passed a stone as large as a golf ball. I dissected it and the inside was like hard, white plaster. She avoided surgery. To this day, she is fine.

Did you try the flush?

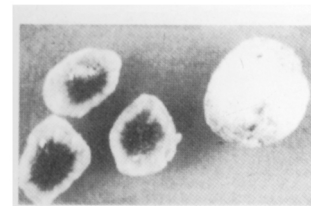
Yes. The day after the flush was the best I'd felt in 10 years. Before, I was losing my memory and it immediately came back like the old days. My mind was so sharp, hard to believe.

What do your patients notice?

Everyone feels better. The mind clears. They feel very alert, energetic. **The liver flush is like magic!** Hours after the flush, many people are reborn. The eyes sparkle, they come to life.

HEALTH CLINIC

Mr. Oberdorf, I am intrigued by the way you put together a basic foundation of information to help people reverse their health conditions.



MD, COMPLIMENTARY MEDICINE "The liver flush is a godsend with nonsurgical relief."

Mr. Oberdorf, thanks again for your *True Health & Healing*. I have had excellent results with *Silver Water* for infection and pneumonia. The liver flush is a godsend with nonsurgical relief. After I, my wife and patients did it, I am convinced that it is safe and effective in cleansing the gallbladder, liver and entire body resulting in energy and stamina galore!

PAUL OBERDORF

Over *ten thousand people* have done the liver flush, and we estimate 95% passed stones. We regularly hear amazing stories of eliminating hundreds of stones, chaff and cholesterol. *Cholesterol crystals can be seen floating to the top.* Most memorable was a man who drove 200 miles to thank us for a friend who passed ONE THOUSAND STONES! The liver flush is truly magic -- it will clear up so many health dilemmas and make you feel great.

THE AMAZING LIVER CLEANSE by Andreas Moritz

This book addresses the most common, but rarely recognized cause of illness -- stones congesting the liver. Most adults, especially those suffering chronic illness, heart disease, arthritis, MS, cancer, diabetes have 100's if not 1000's of stones blocking the bile ducts. It explains what causes stones, what role they play in the most common diseases and instructions to painlessly remove them. It has led to extraordinary improvements in health and wellness for thousands of people.

Liver Flush Instructions

Note: Best results are obtained with a healthy, clean colon and 2 to 3 normal bowel movements daily. Use Jim Foley's Colon Pills and Colon Cleanse.

DAY 1: Mix 90 drops (level teaspoon) of *Super Phos 30* in one quart of apple juice and drink.

DAY 2: Mix 90 drops (level teaspoon) of *Super Phos 30* in one quart of apple juice and drink.

DAY 3: Mix 90 drops (level teaspoon) of *Super Phos 30* in one quart of apple juice and drink.

You do not have to drink it at one time. You can drink it in smaller doses throughout the day. Eat normally. This is not a fast. *Super phos 30* contains orthophosphoric acid and apple juice contains pectin, which help soften stones in the gallbladder and liver.

For diabetics, or if you cannot tolerate so much apple juice, use one quart of distilled water per day, and increase *Super Phos* from 90 drops to 120 drops daily.

* **DAY 3 EVENING:** Eat dinner. Wait a minimum three hours after dinner. Now prepare and drink the following liver flush mixture.

* **The liver flush mixture:** Thoroughly mix juice from one squeezed lemon with one cup of Coke Classic and one cup of extra virgin Olive Oil.

* **Quickly drink the mixture!** Do not wait or the oil will settle to the bottom. You will feel very full. If you have an oily feeling on lips or teeth, use lemon rind on them to relieve the oily feeling. The Coke is used to lessen nausea.

* **Immediately lie down** after drinking the flush mixture. Lie down on your **RIGHT SIDE** for a half hour (30 minutes). NOT less! It is best to draw your knees up to your chest (fetal position) so the oil will force the gall bladder and bile ducts to contract and throw off the stones. If you can't do this, lay stretched out full length. Stay in either position for 30 minutes.

After 30 minutes, you can move around and resume normal activity and then go to sleep. It will usually take up to 8 hours for the flush to work. It is a good idea to take an herbal laxative (Jim's Colon Pills) that evening or the next morning.

WHAT TO EXPECT: Considerable soft stool the first time. This will decrease and a more formed stool usually about the fifth time. Stones are not usually found with the first stool. Most come out in the second stool, maybe 5 to 8 hours later, and fewer stones with each additional stool. Reports range from under 100 to as many as 1,000. Stones will be somewhat soft and waxy green (like cooked peas). Stones are usually pea size, but can be as large as a golf ball.

Optional: Epsom salt can help relax the liver bile ducts. On Day 3, in the afternoon, mix one tablespoon of Epsom Salt in one cup of water. Drink. You may repeat this the next morning.

Repeat liver flush: About 3 to 4 times the first year, until very few stones come out. Then, do a liver flush at least once a year.

How to Keep Liver Bile Ducts Clean and Prevent Future Stones from Forming!

A teaspoon of *Olive Oil* a day will keep the liver bile ducts clean and prevent new stones from forming. It's that easy and works! Use extra virgin olive oil. Mixing it with juice from a lemon makes it easier to drink. Drink it in one shot or with meals, salads, etc. In Greece, they devour olive oil and the incidence of cancer is so much less than in America.

The Pancreas - Diabetes

A Serious Culprit is *Aspartame* and *Wood Alcohol* from ARTIFICIAL SWEETENERS that Pollute the Pancreas and Allow Parasites to Invade

Diabetes is the inability of the pancreas to produce enough insulin which creates a rise in blood glucose levels. Without insulin, the body cannot utilize glucose, its principal energy source. Genetics may make some susceptible to Type I or II, but the underlying cause is the American diet; refined carbohydrates, sweets, processed food, meat, low fiber, complex carbohydrates. Alternative health attributes adult diabetes to meat because of cholesterol; traditional medicine considers obesity a possible cause.

Aspartame - The Toxic Sugar Replacement

We know that refined sugar is unhealthy, yet the *sugar-free* substitute used for decades, *aspartame*, is an extremely toxic chemical. It is found in diet soft drinks and in thousands of products. Supposedly a diet product, it may cause weight gain as it makes you crave carbohydrates.

Aspartame is poisonous and may change the brain's chemistry. Lupus, multiple sclerosis, fibromyalgia and symptoms like spasms, shooting pains, numbness in legs, cramps, vertigo, dizziness, headaches, tinnitus, joint pain, depression, anxiety, slurred speech and memory loss may often be the result of aspartame poisoning.

Aspartame is Especially Harmful for Diabetics. It Contains Wood Alcohol

Doctors are aware of what *wood alcohol* (methanol) can do -- keep the blood sugar level out of control (it may inhibit insulin production). Wood alcohol accumulates in the pancreas when the liver is handicapped in its ability to detoxify it. Methanol pollution comes from aspartame, and traces can be found in some processed foods

absorbed during packaging and preparation. Sugar-free usually means it contains aspartame. Research has shed light on its deleterious effects.

The American College of Physicians: "We are talking about a plague of neurological diseases caused by this deadly poison." Two doctors wrote books on aspartame poisoning. Dr. Blaylock: "*Excitotoxins: The Taste That Kills*" and Dr. H. J. Roberts, diabetic specialist, expert on aspartame poisoning: "*Defense Against Alzheimer's Disease*."

The irony is that diabetics avoid sugar, yet use artificial sweeteners (wood alcohol) that accumulate in the pancreas making diabetes worse.

Parasites in the Pancreas

Wood alcohol is a solvent -- solvents are toxic! When not detoxified, they remain in the body and render the immune system defenseless against parasites. Humans can host parasites, but only in the intestinal tract. It is abnormal for parasites to live in any other organ where they can cause havoc. When they invade the pancreas with wood alcohol, instead of being destroyed by the immune system, they reproduce, develop and contribute to diabetes.

Ultrazyme Plus Destroys Parasites in the Body

Ultrazyme Plus (see P.28) is a powerful array of *enzymes* and colloidal minerals. **Enzymes are deadly to parasites.** Tests have shown the pancreas and islets that produce insulin can recover if exposed to a healing environment. By eliminating aspartame and wood alcohol and destroying parasites, recovery is possible. When making changes that can affect blood glucose levels, **inform your doctor as to what you're doing** and be vigilant in checking your blood sugar levels daily.

Alternative Answer for Diabetics

1) Avoid like the plague artificial sweeteners, diet, sugar-free products/beverages. They all contain wood alcohol and aspartame.

2) Destroy parasites with *Ultrazyme Plus*. Parasites are attracted to solvents (wood alcohol) that render the immune system defenseless against parasites.

3) Liver Flush: Many consume artificial sweeteners, diet beverages, etc., yet don't get diabetes. It happens when the liver is handicapped in its ability to detoxify wood alcohol which then accumulates in the pancreas. A liver flush can eliminate stones and cholesterol and cleanse the bile ducts so the liver can again produce enough bile and detoxify.

4) Silver Water: Take regularly to kill viruses/bacteria in the pancreas.

5) Avoid wheat/grains; they contain gluten. Allergies to gluten are common. Avoid for a month to let the pancreas heal.

6) Take Stevia, Fenugreek seeds, Bilberry and Chromium.

Stevia is nature's herbal sweetener, wonderful for diabetics; amazingly FDA approved as a dietary supplement.

Fenugreek seeds are reported to have significant anti-diabetic effects, improve glucose tolerance in Type I and II. Three capsules with each meal can stimulate pancreatic function.

Bilberry, a herb for both diabetes and weak eyes is widely used for many disorders, including blood sugar imbalance as it may help detoxify wood alcohol. In capsules or brew tea.

Chromium is a must as it helps insulin enter the cells.

For more info on where to obtain pure, unpolluted, effective Stevia, Fenugreek, Bilberry and Chromium, write to:
Paul Oberdorf, NMS Publishing
email: PaulNMS@ATTglobal.net

Blood & Circulation

An Herbal, Oral Chelation Tincture Can Produce Clean, Unobstructed Arteries Against Afflictions Caused By Plaque Buildup, Calcium Deposits and Heavy Metals

Heart disease, stroke, arteriosclerosis, high blood pressure, phlebitis, pulmonary embolism, vascular disease, mental decline, impotence, free radicals, varicose veins are just a few conditions related to a polluted circulation system. The major culprits are calcium deposits, plaque buildup and heavy metals causing reduced blood flow and potential blood clotting. Cleansing the blood vessels and inhibiting blood clotting can prevent the onset of many of these complications.

Wonders of Chelation Therapy

Chelation is a safe, effective, painless, powerful treatment for drawing toxins and metabolic waste from the bloodstream and improving oxygenation of the blood. It is given intravenously (IV) in a 2 to 3 hour session with 1 to 3 sessions a week and a total of 20 to 30 sessions. Pulse, blood pressure, blood chemistry are carefully monitored. The primary ingredient is EDTA combined with vitamins/minerals.

Its original purpose was for heavy metal poisoning, especially lead and mercury, but it has the potential of enhancing the entire circulatory system by cleansing all blood vessels and organs. It chelates (binds) to heavy metals, and eliminates plaque buildup and calcium deposits, which are flushed out through the kidneys and urine.

It can reverse vascular disease in the heart, brain, eyes, kidneys and legs, and produce wonderful results for other chronic illnesses due to better circulation and unobstructed arteries. Amazingly, chelation is an FDA approved treatment for lead, mercury, aluminum and cadmium. The downside is that the therapy requires many visits, is time-consuming and costs many thousands of dollars.

Heavy Metal Pollution

Ultra-traces of metals seep into the body for decades, and at some point, the body is no longer able to eliminate them. Metal accumulates in the body tissue and organs causing many problems, deficiencies, afflictions. **Our white blood cells are overwhelmed by an array of heavy metals.** Imagine the havoc in the body as it must contend with an accumulation of heavy metals. Humans need minerals, but in their raw element form. Copper from meat and vegetables is *organic* and essential, but *inorganic copper* from kettles or plumbing is harmful. Unfortunately, inorganic metals pervade our environment. We wear metal jewelry, eat baked goods made in metal pans, eat with metal utensils, drink water from metal plumbing with lead and cadmium from soldered, galvanized pipes and use aluminum extensively.

The Most Serious Metallic Threat Comes From Dentalware

Metal from dentalware tarnishes, corrodes and seeps into the body. No matter what Dental Associations say, metals are hazardous and should not be in our body. We lick on dentalware for decades. We have mercury amalgam fillings; the extreme toxicity of mercury compounds is known. Nickel and chromium compounds in bridgework are carcinogenic. Cadmium is even more toxic than lead and strongly linked to high blood pressure. The carcinogenic action of metals has been studied for a long time, yet it gets no attention.

Making matters worse, heavy metals attract harmful bacteria and fungus. **An enlarged prostate is the result of nickel accumulation that attracts bacteria.** Many afflictions and deficiencies are related to metal accumulation: sinus, ear-ringing, enlarged neck glands, headache, enlarged spleen, bloatedness, dizziness, aching, tinnitus, TMJ, arthritis, neck, leg, foot, back pain, balance, even heart attacks!

Herbal Chelator Tincture

A low cost, natural herbal tincture made with pure grain alcohol and herbs that is effective against calcium deposits, plaque and heavy metals. You drink it and apply it topically. Rub it externally over clogged arteries in the neck, eyes and ears with impaired circulation. **You feel its effect almost immediately, both mentally and physically.** It targets circulation in the entire body and is effective for many afflictions -- *arteriosclerosis, Alzheimer's, arthritis, chronic fatigue, candida*. It is well known that those prone to strokes have poor cerebral circulation. Many kinds of pain are often gone upon eliminating metals; afflictions caused by bacteria also begin to diminish. Bacteria are attracted to metal and die off upon eliminating metal.

Metal from dentalware and fillings will still continue to seep, but at least you can begin to eliminate the enormous accumulation that has occurred over decades. Ideally, all metal should be removed from the mouth.

Upon taking *Herbal Chelator*, you will feel its effect right away, but it can take weeks, months or more depending upon the severity of your heavy metal accumulation. Use regularly until circulation improves, and afflictions and deficiencies begin to diminish or are gone. Suggested dose is 10 to 40 drops three times a day, and externally rub over clogged arteries in the neck, eyes or ears.

Ingredients: Ginkgo, Gotu Kola, Chickweed, Flax, Stoneroot, Holy Basil, Linden Flower and Grain Alcohol

Real Cause of Poor Digestion

Eliminate indigestion, heartburn and food allergies. Reduce toxins and bad bacteria. Return normalcy to the digestive and elimination process.

Poor Digestion - Another Example of the Natural Chemistry Being Altered

Polluting our internal organs disturbs the body's natural working order and alters its natural chemistry. Poor digestion is such an example. A functioning elimination system requires all food to be properly digested. Otherwise, leftover food goes undigested, becomes toxic, feeds harmful bacteria, contributes to intestinal toxicity and accumulated trash, and hampers elimination. Poor digestion is the inability to break down protein into amino acids and is another reason for our inability to achieve optimum health.

When you correct the digestive process, you restore balance, harmony and normalcy to the elimination process. **Symptoms like indigestion, heartburn, food allergies, toxicity, chemical imbalances, disposition, moods, fullness and lousy feeling often diminish or disappear.**

The Real Problem

Proper digestion requires 2 things: enough **hydrochloric acid (HCL)** in the stomach and enough production of **digestive enzymes**. A lack of HCL may exist in 1 of 3 Americans. HCL is essential for proper functioning of the digestive system and helps keep it free of bacteria/parasites. Low HCL results in only partial digestion of foods. Bacteria are more likely to colonize the stomach and intestines and interfere with absorption of protein, fat and carbohydrates.

Poor diet, aging, chronic use of medication and antibiotics, and past bacterial infection all contribute to the stomach's inability to produce enough HCL.

Low HCL causes insufficient amounts of amino acid that produce *di-*

gestive enzymes and other necessary substances. HCL is essential for digesting protein and stimulating the pancreas to produce digestive enzymes and bile. Otherwise, you cannot adequately digest or absorb carbohydrates, proteins and fats.

Progressive loss of HCL and digestive enzymes prevents minerals/vitamins from being released from food. The nutrients are necessary for different enzyme actions and bodily functions, from digestion, metabolism to the immune system.

Undigested food also causes putrefying of the colon and overgrowth of yeast and bad bacteria, enabling them to get a foothold in the intestine.

Antacids make the problem worse because they buffer the stomach from HCL, making even less HCL available.

Chronic indigestion indicates too many toxins in the intestines allowing bad bacteria to thrive and chase away good. Colon cleansing and liver flushes help.

Stomach pain and problems generally come from bad bacteria (salmonella and shigella) because of insufficient HCL to kill them, as well as prolonged antibiotic use that depletes good bacteria. Milk and milk products are the primary source of salmonella and shigella (they can be destroyed by boiling dairy products for 15 seconds); other sources are deli meat, fast food, undercooked chicken and red meat. Again, colon cleansing and liver flushes help, as well as taking good bacteria.

Elizabeth Lipski, M.S., C.C.N., author of *Digestive Wellness*, says that when bad bacteria outnumber good, it may result in such diverse conditions as arthritis, autoimmune disease, vitamin B12 deficiency, chronic fatigue, eczema, food allergies/sensitivities, inflammation and irritable bowel.

The Solution is Simple! Take Hydrochloric Acid and Digestive Enzymes

You feel its effect almost immediately. After being so accustomed to indigestion, be prepared for a happy surprise as many symptoms no longer occur. This is just another example of how internal polluting of the body has disturbed its natural working order. Food entering your stomach is simply not digested, and it contributes to the buildup of accumulated, rotting trash in your colon. We cannot vouch for other products, but we do know the effectiveness, purity and true constituency of what we offer.

Hydrochloric acid (5%). Mix 2 to 4 drops into water, food or beverage at mealtime. You can repeat this three times a day. As you feel the benefits, you can increase to about 20 drops a day, but do not exceed. If you're apprehensive, start with less. If you have a negative reaction or are not sure, see a Natural Health Practitioner who can test for low acidity in the stomach. **Never put drops straight into your mouth; it dissolves tooth enamel.**

Digestive enzyme capsules. Take 1 to 2 with each meal, up to 6 a day. They are so potent, you can almost feel the food leaving your stomach. It relieves the full feeling, heartburn and possibly hiatal hernia.

Make Your Own HCL Remedy - Raw Beet Drink

Raw beets with white vinegar assist digestion -- they contain hydrochloric acid. Peel beets, wash off dirt thoroughly. Cut in quarters and add an equal amount of water. Put in blender for one minute or until smooth. Add half as much white vinegar. Blend again for one minute. Refrigerate. Take two tablespoons before each meal.

Totally Relieves Any Pain!

***NATURALLY PAINLESS* is a non-drug, non-chemical, Herbal Spray -- an all purpose pain reliever, from arthritis, toothache, headache, surgery, bites, injury to muscle aches/cramps**

Naturally PAINless is a non-drug, non-chemical, high-quality external analgesic spray that alleviates pain in the fastest and most effective manner. It is 100% natural and free of synthetic chemicals, so you can use it safely and confidently, and eliminate reliance on drugs and chemicals. It relieves pain, promotes healing, reduces inflammation, promotes circulation and reduces infection. It works whether pain is from bones, backache, strains, bruises, nerve injury, sore muscles, stiffness, menstrual cramps, sprains and strains, joint and tendon pulls, arthritis, fibromyalgia, sports injuries, carpal tunnel, headaches, toothache and gums -- there is virtually no pain it cannot relieve!

What Health Professionals Say:

Dr. Jesse Jutkowitz, D.C.

"My patients have regularly gotten excellent and virtually immediate relief from just spraying *Naturally Painless* on their body. Shoulders, necks, arms, knees, backs; you name it and they have gotten relief... I have never before seen anything this effective in a natural remedy with no side effects. I endorse *Painless* for any type of pain with no reservations."

Dr. Megan Shields, M.D.

"I had occasion to have surgery. I got a bottle of *Painless* and also a painkiller from my surgeon. After surgery, when the pain became severe, I took the painkiller. Nothing happened and made me sick to boot. So I sprayed the area with *Painless*. In less than 5 minutes, the pain was totally gone! It never returned as I just kept spraying the area regularly... I was so impressed that I gave a few bottles to the surgeon who tried it on his patients. It was so effective for his patients that he now uses it for postoperative recovery. In my office I have a bottle to try on patients who come in with aches and pains."

Patricia Maymir, Nurse

"I have osteo-arthritis and *Painless* relieves the pain. I've used it for every kind of pain I've had and it works. I'm a nurse, and I would love to tell anybody who wants to know about it that it really works... and it's natural!"

Dr. Bob Neuwirth, D.C.

"For five months, I had lateral epicondylitis (elbow pain) that was getting worse. The elbow muscle attachments were so sore I couldn't grip and hold a five pound weight. Being a chiropractor, my elbow was aggravated continuously on a daily basis. I tried several forms of therapy all to no avail. I feared my condition was getting worse and I would not be able to treat patients anymore. I started using *Painless* regularly. I didn't expect much to occur, but I was amazed! Within several weeks the pain was reduced significantly and my grip strength started to return. After two months of use, my elbow was like new, my strength returned and I didn't lose one day of work! I recommend this product to anyone!"

Sheila Yonemoto, Physical Therapist

"One of my patients commented that *Painless* was more effective than the medication by his doctor for a burning sensation on the skin (this followed radiation treatment for throat cancer). In addition, one of my friends hurt his shoulder playing tennis and could barely stand my touch on his skin until I sprayed some *Painless* on the area. He later said that *Painless* worked better than anything he had used in the past."

Dr. Donna Alderman, D.O.

"I am a family physician who uses the product *Naturally Painless* on my patients with amazing success. I find it especially useful for conditions where there is no appropriate drug treatment, such as patients who have already had several days of shingles (too late to start an antiviral, yet they are often in great discomfort). I also find that after administering therapeutic injections, the spray seems to calm the area down. In this world of overuse or abuse of pain medications, I support the use of this natural product, as not only does its ingredient list contain safe substances, it also, often miraculously, seems to do just what the label states: *Painless*."

Naturally PAINless

Naturally PAINless is the result of efforts of a visionary who has conducted research for 12 years and has practiced in the nutritional field for 10 years. It is the very best of the time honored natural and soothing substances.

**375 RELIEF GIVING SPRAYS PER BOTTLE.
PENNIES PER SPRAY TO BE FREE OF PAIN!**

Eye and Vision Problems

Can Often Be Corrected and Healed Upon Addressing the True Cause

Vision loss, cloudiness, floaters, cataracts, macular degeneration, fatty growth, blood spots, inflamed eyes, glaucoma, cysts, staph infection can often miraculously heal and disappear!

As we get older, a host of eye-related problems plague us. Estimates are that 25% of Americans aged 60 or older have serious eye problems -- from impaired vision, cataracts (surgery is common) to macular degeneration, the most common cause of loss of vision. Eye problems are a terrifying threat to health, independence and enjoyment of life. Very few know how to protect their vision and save their eyes.

There is an answer! As always, true healing comes about by **eliminating foreign substances from the body**. Just as the colon, liver and prostate are polluted, so are the eyes!

Eyes are Like an Island in a Sea of Mucus, Fungus, Toxins and Foreign Substances

The answer addresses the *underlying cause* of most eye problems! A nontoxic, nonsurgical, non-laser, natural way to improve vision and heal many eye problems by cleansing the eyes from toxins, pollutants, fungus and a flood of mucus.

How could eyes get in such condition? Once again, the cause is a toxic polluted colon causing auto-intoxication throughout the body. Toxins in the blood stream invade organs, *including the eyes*. And once again, a liver obstructed with stones is unable to properly detoxify allowing chemicals and toxins to roam all over.

A clean colon and liver automatically improves eye problems! **So many have improved their vision and diminished eye problems by cleansing the colon.**

Colon cleansing is essential before addressing the eyes directly (Jim's Colon Pills & Cleanser). *The cleaner the colon, the clearer the eyes!* **You do not want to use the eyes as an elimination organ for all the trash in the body!** A toxic colon has negative effects on your vision. After you clean your colon and

have regular bowel movements, you are ready to start eliminating all existing pollutants and mucus from your eyes.

Cleansing Eyes from Toxins Pollutants, Fungus, Mucus

Upon eliminating a flood of mucus, fungus, toxins and microscopic foreign substances from the eyes wonderful things happen. Many know the wonders of *Jim Foley's Colon Pills & Cleanser*, and Jim has another wonder product to cleanse the eyes. *See Again* is a 100% pure herbal formula that cleanses, draws out mucus and toxins from the eyes, and strengthens the nerves. Many have used it miraculously to regain lost vision and heal eye problems.

Users Report:

- * Clearer vision * Improved vision
- * Cloudy or blurred vision gone
- * Brighter eyes * Cataracts disappear
- * Fatty growth, blood spot gone
- * Floaters, staph infection gone
- * Inflamed eye improves
- * Glaucoma gone * Cyst reduced

The Origins of the Answer

Dr. John Christopher, a master herbalist, created an *herbal eyewash* that was used successfully to cure many serious eye problems -- impaired vision, floaters, cataracts, glaucoma and infections. A blind person was able to see traces of light for the first time, and another had vision return to 20/20, hundreds had their vision saved or improved.

Dr. Christopher encouraged his students to create even more effective herbal formulas. Joseph Eli created the *See Again Formula* that proved even better, quicker and easier to use and it did not burn the eyes.

Master Herbalist, Joseph Eli

What herbs are in *See Again*?

Eli: It contains 8 herbs: Eyebright, rue, sweet fennel, yellow root, chamomile, raspberry leaf, candleberry, blue vervain.

How do you take it for best results?

Eli: Take 2 capsules in the morning and at night. It is even more effective if you also make it into an eyewash. Pour the contents of one capsule into 1/2 cup or more of boiling water. Let it cool and strain. Use an eye dropper. Put 3 to 4 drops in the closed corner of the eyes (near the nose). Then open the eyelid, rotate the eye and blink a little.

What reaction do most experience?

Eli: The eyes may burn a little and really tear. In the morning, they may be *glued shut* with mucus. This is a good sign. You want mucus to come out. The eye is like an island in a sea of mucus. The herbs help remove mucus and other toxins.

Has *See Again* helped you?

Eli: I am over 80 and I can still drive without my glasses.

How long does it take to see results?

Eli: Often 1 to 2 months if you use it both internally and externally. Some may see results sooner. Difficult cases take far longer, perhaps 6 months to a year to really see results. Every case is different. From the English book on herbs, *Elixirs of Life*, on the herb rue, (herb-of-grace): *"It is said to bestow second sight and it certainly preserves ordinary sight by strengthening the ocular muscles."*

DR. JOHN CHRISTOPHER: "I HAVE LETTERS FROM PEOPLE ALL OVER THE COUNTRY WHO HAVE USED MY HERBAL EYEWASH SUCCESSFULLY TO ELIMINATE THEIR CATARACTS, REDUCE GLAUCOMA PRESSURE AND REGAIN THEIR LOST VISION."

INSTRUCTIONS FOR *SEE AGAIN* EYE FORMULA

1. BEGIN BY TAKING *SEE AGAIN* CAPSULES INTERNALLY

Slow Start: Take one *See Again* capsule in the morning.

Average Start: Take one *See Again* capsules in the morning and one capsule at night.

The Goal: To reach two *See Again* capsules in the morning and two at night.

In the morning, check your eyes for the amount of mucus, crust, caking and eye closure to determine your tolerance and reaction level. This is your guide.

2. USING *SEE AGAIN* EXTERNALLY AS AN EYEWASH

Do not begin the eyewash until you have determined the number of capsules you are comfortable taking and are ready for greater elimination and maximum results. (You may check with your doctor, especially if you are on medication).

Preparing the Eyewash: Break open one capsule. Pour herbs into a clean cup. Throw capsule away. Boil tap water (best is distilled) in a stainless steel or glass pot (never aluminum). Pour about one cup of boiling water over herbs. Stir, cover, let cool. Pour into another cup through one (or 2) coffee paper filters to remove impurities. Stop pouring when you reach sediment at bottom. Pour into new, clean eye dropper *glass* bottle (avoid plastic). **Refrigerate!**

Mild Mixture: One capsule with 1-1/2 to 2 cups of water

Average Mixture: One capsule with one cup of water

Stronger Mixture: One capsule with 1/2 cup of water

3. APPLYING THE EYEWASH

Always start with the Mild Mixture (one capsule and 1-1/2 to 2 cups of water). Put two to three drops of eyewash in the corner of both eyes near the nose. Move eyes around and blink a little. It may sting just a little and your eyes might tear. This is a normal reaction. Start with only one eyewash a day. Monitor your reaction each morning. If you're comfortable, do the eyewash twice a day. Many users only do the eyewash once a day, others do it 2, 3 and even 4 times a day. You can step up to the Average Mixture or Stronger Mixture when you feel you can handle it.

4. REACTION -- WHAT TO EXPECT AND WHAT HAPPENS

Most get a lot of mucus in the eyes the next morning. It can be dried or caked up, and sometimes the eyelids may be sealed shut. This is also normal. If you're not comfortable with the reaction, cut back. If too much mucus is coming out too quickly, cut back. Cut back means to reduce the amount of capsules taken internally or use a more diluted eyewash or just do everything every other day rather than every day. Over time, your eyes will get used to it as less mucus and pollutants come out and you start to feel the benefits of the healing process.

5. RESULTS, BENEFITS AND IMPROVEMENTS

Depending upon the eye problem, some see results in just days or weeks; others, months to even a year. The important thing is that nearly all experience mucus and pollutant elimination - - clearly demonstrating the problem. Doing the eyewash regularly, of course, gets best results. But always go slow in the beginning to see your reaction. Toxins are coming out, and some users may notice their eyes getting slightly worse before they get better. Dr. Christopher: *"The eyes often get worse before they get better. In some cases, a lot worse, but the eyes will always get better. When all the mucus and toxins come out, the sight will improve. I can assure you."*

A WORD OF CAUTION

When putting anything in the eyes we must offer a word of caution. Many use the eyewash repeatedly without a problem. But, reactions can occur, usually for those with polluted colons -- dry eyes, puffy, sensitive eyelids, pus, eyes turn slightly yellow, vision temporarily worsens, cloudy, bloodshot, sty, floaters, eye pressure. **The eyes should not be the organ to eliminate pollutants. Colon cleansing is a recommended must.** A clean colon and a liver flush automatically helps the eyes. The cleaner they are, the easier the eyewash. Eyesight may worsen for a while as toxins are eliminated. Dr. Christopher said, oddly enough, that it took longer to correct near/farsightedness than blindness, cataracts, glaucoma.

NO MORE READING GLASSES

"Best Christmas present ever. I don't need my reading glasses any more."

GOODBYE GLASSES AFTER 40 YEARS

"After using See Again herbal eye formula 5-8 times a day for three months, I took off my glasses after 40 years and never put them on again. I looked in the phone book and realized I could see names and numbers. I plan to use this eye formula for the rest of my life if necessary. Recently, I read the second book in my life without glasses."

"I Can see without glasses."

THOUGHT HE WAS GOING BLIND

"I took the eye formula internally as a tea for about a month. It did not help my eyes. Then I made See Again into an eyewash and used it on my eyes. That did the trick. I was having so much trouble with my eyes I thought I was going blind."

CAN NOW SEE PERFECTLY

"Now I can see perfectly and in just days. I can see everything without glasses, except the fine print. I highly recommend this."

Woman can read a newspaper without glasses the first time in 47 years.

NEARLY BLIND NOW EYESIGHT BACK

"I have used the eye formula as an eyewash for more than six months. I am the happiest woman in the world as I am receiving my eyesight back. I was nearly blind from the cataract in my left eye."

ALMOST BLIND, CATARACT GONE

"Before I could not drive in the evening, lights would shine and it was like a great big halo, like a train coming. Now, that is all gone. Before See Again, I couldn't even see a block away and was almost blind from the cataract. After the formula the doctor said I absolutely had no cataract."

FANTASTIC HEALING FROM FAR-SIGHTED, ASTIGMATISM, CATARACT

"I had worn glasses for 50 years and the optometrist told me I was farsighted and had astigmatism. This last year, at 75, my eyes became so bad I had the beginning stage of cataracts. I started on the eye formula immediately, as a tea, and an eyewash about 5 times a day, and I had a fantastic healing."

FLOATERS GONE, IMPROVED IN DAYS, DRIVER'S TEST NO GLASSES

"In just 2 to 3 days, I noticed an improvement. Within only 2 weeks I was able to discard my glasses. Plus I had floating spots (floaters) and they too vanished. I passed my driver's test without glasses."

EYES LOOK GREAT, CORNEA CLEAR

"I'm so happy my eye problem is gone. The doctor said my eyes looked great, the cornea just as clear as it could be."

"Using eye formula 4 times daily, the L.A. smog does not affect my eyes."

SEE AT NIGHT BETTER THAN EVER

"I now see at night better than I can ever remember. Now, I am not scared. Also, my contacts don't hurt as much."

BLOOD SPOT SINCE CHILD GONE

"Since early childhood, I had a rather large blood spot in my left eye. After 2 weeks on the eyewash, I looked in the mirror and couldn't believe it. The blood spot was gone!"

NO MORE HEADACHES, RAINBOWS AROUND LIGHTS

"I had headaches and saw rainbows around lights. Two weeks after using the eyewash, I don't see any more rainbows."

ASTIGMATISM BETTER. HE ONLY TOOK SEE AGAIN INTERNALLY

"My ophthalmologist said, 'Your astigmatism seems better.' He was going to give me stronger glasses, but after the exam he said I didn't need them. I only took the eye formula internally."

DOCTOR AMAZED AT IMPROVEMENT

"My eye doctor was amazed at my improvement. I don't see double anymore."

FLOATER VANISHED

"Been using the eye formula 3 to 5 times daily. The floater in my left eye vanished."

EYE PAIN GONE IN ONE DAY

"My eyes hurt a great deal in both corners, pain was like needles. The first time I used the eye formula as a wash the pain was gone. It happened in just one day."

NO LONGER SEE MULTIPLE IMAGES

"It was a great discovery to me when I looked out one evening and saw only one moon instead of two or three. Now, I don't see multiple images anymore."

CYST IN EYE ALMOST GONE

"For about six months, I have had a very small lump in the center of my eye. Since using the eye formula as a wash, this cyst is now hardly noticeable."

EYE SWELLING GONE IN 3 WEEKS AFTER DOCTOR SAID LASER SURGERY

"The pressure behind the retina in my eye caused it to swell. The doctor said the only option was laser surgery and I could lose sight. I tried the eye formula as a wash. In 3 days, the swelling was much less, after 3 weeks completely gone."

CATARACTS STOPPED GROWING, CANCELLED SURGERY

A woman scheduled for cataract surgery started taking See Again capsules. At her next exam the doctor said the cataracts had stopped growing and there was no need for the surgery. She was elated.

73 wear-old woman claims three cataracts came off her eyes.

NO LONGER HAS GLAUCOMA

"To my delight, my doctor informed me that I no longer have glaucoma!"

STAPH INFECTION, DOCTOR SAID DRUGS. THANK GOD FOR SEE AGAIN

"I developed an ulcer in the iris area. The doctor said it was potentially a very dangerous staph infection I'd have for life and to take a drug the rest of my life. Side effects were cataracts and glaucoma. Thank God for See Again eyewash. I shelved the drug. For 3 weeks pus and mucus came out with my eyes glued shut in the morning. Considering all the toxins, the infection was no surprise."

CATARACTS CAME OFF, CAN SEE CLEAR ENOUGH TO THREAD NEEDLES

"My doctor said I was legally blind. I could not read anything on the chart. One eye was completely covered by a cataract, the other ready for a cataract operation. I had cataracts for 5 years. I used the See Again as an eyewash for 4 months. One day, I rubbed my eyes and a cataract came off in each finger. It was hardened mucus. I can now see at a distance the first time. I can see clearly enough to thread needles."

Note: Many say floaters disappear, cataracts gone or improved dramatically. Eyewash also helped iritis, keratoconus, retinal hemorrhage, conjunctivitis, other eye conditions. Also helps pets, cat's eye surgery cancelled, dog's cataract diminished.

FIRST TIME IN YEARS EYES FEEL CLEAR AND BRIGHT

"I have been bothered by dry and tired eyes for a long time. The only thing that helped was the eye formula. My eyes felt clear and bright for the first time in years."

FLOATERS GONE, VISION, CLOUDINESS, BRIGHTNESS IMPROVED

"My floaters disappeared after Jim's colon products. Upon using See Again eyewash I had some mucus, but vision brightness improved, cloudiness diminished."

AFTER 6 MONTHS NO GLAUCOMA

At 81, she had Glaucoma for years getting no better. After 6 months no more Glaucoma and cataracts almost gone.

Doctor amazed cataracts shrunk.

Glaucoma: Amazed seeing more light.

Staph infection eliminated.

Cataracts, vision improved, drive without glasses first time in 25 years.

Use to prevent Glaucoma, cataracts.

Clearer eyes, better vision and eye lashes are growing like crazy.

Wearing glasses since 18. Now 64, does not wear glasses anymore.

Prevent... Control... Reverse... even Stop Disease and Health Challenges

Disease is Parasitically Supported and Parasites Flourish Because of *Lack of Enzymes!* Enzymes are Deadly to Parasites

What you are about to discover is unprecedented. It has been researched and perfected and is getting results for preventing, controlling, reversing, even stopping many serious health challenges. Wayne Rowland, founder of *Silver Water*, made some startling discoveries during his alternative fight for life. His research showed that all disease is **parasitically supported and that parasites flourish in humans because of the lack of enzymes.**

Understanding this drastic reduction of enzymes and minerals in our highly processed and hybridized foods, Wayne formulated a unique healing program that consists of *Ultrazyme Plus*, a unique blend of enzymes and colloidal minerals plus *Silver Water*.

Wayne Ends His Cancer

He used his program to save his life by ending his cancer problem. John C. Duncan, M.D., physician/surgeon also experienced spectacular success with his cancer.

Just a few other disorders that showed unprecedented and extraordinary results are diabetes, hypoglycemia, asthma, fibromyalgia, children's allergies, chronic fatigue, ADD. Whatever the health challenge, one can anticipate reduction, control, even stoppage and equally important -- prevention!

Ultrazyme Plus includes a range of enzymes from natural fruit and vegetables with no animal products or molds (most enzymes use asperniger mold) and fortified with colloidal minerals. This synergistic blend plus drinking *Silver Water* is the essential step to clean up the biological terrain and create a cellular environment in which a long, disease free life can thrive.

Ultrazyme Plus clears the body of

parasites. **Enzymes are acids that are deadly to parasites** as well as metabolizing cellular waste in which parasites thrive. For prevention, it defends the body against parasite-infested invasion and disease. There was a time when vegetables and grains were high in enzymes and colloidal minerals that kept parasite eggs from hatching in your gut. Those days are long gone.

Life Cannot Exist Without *Enzymes*

Enzymes may be the single most important support for our health and well being. They are responsible for constructing, synthesizing, carrying, dispensing, delivering and eliminating the many ingredients and chemicals the body uses. They operate on a biological, chemical and perhaps radiological level. They are the closest thing to what can be described as a "life force."

There are 3 main enzyme groups; *metabolic* and *digestive* are produced by the body and *food enzymes* from food. Metabolic enzymes cause various chemical reactions within the cells; digestive enzymes break down food; food enzymes aid digestion and also breakdown food.

Our Enzymes are No Longer Fighting Disease

It was always believed that food enzymes were sufficient to augment the body's supply. Yet, today, most foods are **nutrient poor, toxin laden, mineral deficient and enzyme dead.**

The body is forced to use its own digestive and metabolic enzymes to offset the lack of enzymes in our food. When we use metabolic enzymes for digestion, we weaken our immune system. Instead of fighting off illnesses and

disease, they are digesting enzyme-dead foods. Over time, you slowly lose your surplus of enzymes driving the *pancreas, thyroid* and *pituitary glands* into an exhaustive non-enzyme state.

Parasites Flourish. Over 80% of us may Carry Them

From microscopic to worm-size, parasites are scourges. When they invade an organ, they reproduce, live off us, utilize food/body fluids, release their waste/toxins and introduce their own *bacteria* and *viruses*. Humans can play host to parasites, but only in *the intestinal tract*. **Under normal conditions, parasites are unable to invade other organs** and if they do, the immune system kills them. But a polluted immune system, depleted of its vital parasite destroyer, **enzymes**, is defenseless. Eggs enter the bloodstream, seek out an organ, reproduce and develop.

Chaos occurs with endless symptoms and serious health challenges: intestinal disease, joint/muscle ache/pain, anemia, allergy, skin condition, tumors, sleep disorder, chronic fatigue, immune dysfunction, weight gain-loss, asthma, epilepsy, migraines and possibly our **worst nightmares, diabetes, heart disease, cancer, HIV/AIDS.**

Parasite infestation is known for 100's of years and estimates are that 80% of adults may harbor parasites, yet modern medicine still ignores it, as well as its own past when it was standard practice to *deworm* patients (kill parasites).

The abandonment of deworming plus contamination of food, beverage, body products plus the depletion of enzymes in food and body, has led to a parasite explosion in humans that may be the primary cause of our health challenges.

“What is the great secret that has been eluding the investigations of scientists and lives of laypersons for centuries? Enzymes.” -- Dr. Duncan

Dr. John Duncan: *“The great secret that has eluded the investigations of scientists and lives of laypersons for centuries is **enzymes**. You are alive only because thousands of enzymes make it possible. Enzymes are 'nature' or 'metabolism,' the body's labor force... that works 24 hours a day to maintain health and balance in your body. Without enzymes life would not exist.”*

Dr. John Duncan, M.D., physician and surgeon had serious concern for the increase in catastrophic illnesses and it led him to research outside the traditional medical community. Wayne Roland's program, in particular, had shown remarkable results with people suffering from many health challenges. When Dr. Duncan developed cancer, **he used it and experienced spectacular success in treating his cancer.** He wants to share it so others understand that their health is ultimately their own responsibility, not the doctors.

The program works by aiding and supporting the body's natural immune system with plant and fruit **enzymes**, enhanced with trace **colloidal minerals** (no animal by-products) and drinking **colloidal silver**.

Colloidal silver is largely dependent on the manner of preparation and the presence of minute quantities of electrolytes and minerals. The single most important ingredient is the electrical charge. The body does not build up a tolerance, you cannot overdose on 3 to 5 part per million and no recorded case of a drug interaction. However, there is a **dangerous form** using a small high voltage device with 2 silver wires in water. This *does not* make colloidal silver, but silver chloride, a poison that deposits silver and causes gray skin.

Silver is one of the elements that has disappeared from our soils. If we cannot assimilate silver for some reason or as tissues age, we develop a silver deficiency and an impaired immune system leading to cancer.

PARASITES

Dr. Ross Anderson, parasite specialist: "...the single most undiagnosed health challenge in the history of the human race is parasites...based on 20 years of experience with more than 20,000 patients."

Ann Louis Gittleman, author: "You may be an unsuspecting victim of the parasite epidemic affecting millions of Americans of which most doctors are not even aware."

Dr. Peter Wina, Patho-Biology, Walter Reed Inst.: "a tremendous parasite problem in the U.S. that is not being addressed."

Dr. Bernard Jensen, colon expert: "Parasites of all sizes thrive in (retained) fecal matter, slowly toxicifying the whole body."

Dr. Donald Kelley: "92% of us have parasites and is a major cause of obesity. No problem in America is less understood."

Hulda Regehr Clark, Ph.D.: "No matter what illness or disease, I am sure to find only two things wrong: pollutants and parasites/pathogens as the primary causative factors. Killing our invaders and removing pollutants may be the lifesaving step."

The Royal Academy of Physicians of Great Britain stated that 90% of disease and discomfort is directly or indirectly related to an unclean colon.

Dr. Hazel Parcels: "85% of adult North Americans are infected with parasites."

Dr. Frank Nova, Parasitic Diseases, NIH: "...there are more parasitic infections acquired in this country than in Africa."

COLLOIDAL SILVER

Dr. Harry Margraf, silver researcher: "Silver is the best all round germ-fighter we have. Resistant strains fail to develop."

Dr. Gary Smith, cancer research: "Success depends on the amount of silver in the body... When silver was present, the cancer cell dedifferentiated and the body was restored. When silver levels are low or non-existent, the cancer growth continues."

Dr. Bjorn Nordstrom, Karolinska Inst., Sweden has used silver in his cancer cure for many years in patients given up by other doctors with success in reducing tumors.

Richard L. Davies, director, Silver Institute: "In four years we've described 87 important new medical uses for silver."

Dr. Robert Becker, author "The Body Electric," recognized a correlation between low silver levels and sickness and silver deficiency was responsible for improper functioning of the immune system.

ENZYMES

Dr. Howell, American scientist, pioneer in enzyme research, states that depression, fatigue and early death is caused by the depletion of body enzymes.

Dr. Farmer Field, Ph.D., Baylor Univ. says the accumulation of filth in the cells, caused by enzyme deficiency, is the primary cause of the aging process.

Doctors Francis Pottinger, Weston Price and Edward Howell present convincing evidence that the destruction of enzymes in processed/cooked food is likely the most significant factor in chronic and degenerative diseases in humans.

Studies in Europe show that after taking proteolytic enzymes there is an increase in macrophage (white blood cell) activity up to 700% and T-cell activity up to 1300%. Enzymes are great in breaking down undigested fat and protein in the bloodstream.

Dr. William D. Kelley believes cancer is a failure of the pancreas to produce adequate, activated pancreatin to the tumor that normally would digest defective cells.

Many health professionals are concluding enzymes are the missing link to health, and lack of them is abusive and causes the enlarged pancreas that contributes to diabetes, hypoglycemia and the proliferation of chronic degenerative disease.

Ongoing research reveals the endocrine system requires enzymes to create a hormonal balance. Cooked/processed foods drive the pancreas, thyroid and pituitary gland into an exhaustive non-enzyme state.

Paul Kautchakoff, M.D., found that the major cause of *digestive leukocytosis* was cooked, processed food with an elevation of white blood cell level in response to the lack of enzymes in the intestine.

DISEASE IS PARASITE BASED

A research project in Japan concluded that disease is parasitically supported. Therapy of enzymes, colloidal minerals and frequency enhanced water has put a series of chronic illnesses under control.

If the body is given proper nutrients, enzymes and colloidal silver to deal with infectious organisms, the result is exceptional health plus the body can now properly manage most diseases.

A century ago when food had great value, cancer struck only 1 in 40, now it is rampant in 1 in 3.

INSTRUCTIONS: *Ultrazyme Plus* and *Silver Water*

MONTH ONE: Prevention, overall malaise, serious health challenges. Everyone should follow this for 30 days, then, Maintenance, ***except for serious health challenges***. Daily totals can be taken at one time or during the day, with or without food, preferably before 5:00 pm as you may get energy.

Day 1 to 3: 5 Ultrazyme and 8 to 16 oz. Silver Water total each day. (3 days)

Day 4 to 13: 10 Ultrazyme and 4 to 6 oz. Silver Water total each day. (10 days)

Day 14 to 18: 20 Ultrazyme and 4 to 6 oz. Silver Water total each day. (5 days)

Day 19 to 23: 10 Ultrazyme and 4 to 6 oz. Silver Water total each day. (5 days)

Day 24 to 28: 20 Ultrazyme and 4 to 6 oz. Silver Water total each day. (5 days)

Day 29 to 30: 10 Ultrazyme and 4 to 6 oz. Silver Water total each day. (2 days)

[Any day between day 20 to 30, mainly for health challenge, do Celery Tissue Wash.]

MONTH TWO and THREE for serious health challenge: 10 Ultrazyme and 4 to 6 oz. Silver Water total a day. Then, go on Maintenance.

DAILY MAINTENANCE: Four (4) Ultrazyme and three to four oz. Silver Water total a day.

What To Expect

Many health challenges and disorders are parasite-related. In days, you feel the difference as **parasite invaders (adults, stages, eggs) are being destroyed** and white blood cells renew their activity with enhanced detoxification. In a week, you may notice an increase in energy and general feeling of well being; after 3 weeks, reduced sugar cravings, ammonia smell of urine much less, better appetite/digestion/kidney function, less water retention, skin softens, some weight loss, back pain diminished or gone. Other symptoms that may subside or be gone -- indigestion, chemical imbalance, chronic fatigue, diarrhea, bloating, intestinal problems, joint/muscle pain, anemia, allergy, skin condition, sleep disorder, immune dysfunction, weight gain-loss, asthma, migraines, etc.

Side Effects

Most will encounter little discomfort or side effects. With **serious health challenges**, one may feel slightly bad, uncomfortable, even lousy. As enzymes work to rebalance your body and restore its metabolic functions, organs of detoxification are overloaded with debris, toxins, dead parasites/pathogens that also release their own bacteria and viruses. *Silver Water* helps vanquish them. Symptoms may be feeling sore, headache, no energy, nausea, irritable, possible elevated temp., flu-like symptoms. If discomfort is too much, stop for 5 days or cut daily amounts in half or less to allow organs of detoxification more time to eliminate toxic debris. Cleansing all body organs takes time, from a month to a year for serious conditions. To repeat, if discomfort is too much, cut back to allow the body time to detoxify and eliminate toxemia.

Inform Your Doctor

For serious health challenges. Your doctor doesn't know what you're doing, so it is advisable to be monitored. By destroying parasites/pathogens, restoring the body's chemistry, improving your immune system, increasing the white blood cell count, you may not need so many prescription drugs or other therapies you may be undergoing. As markers show significant improvement, your doctor may want to make adjustments.

Helpful Tips

It will be much easier with a clean colon (*Jim's Colon Pills* and *Cleanse*) and a stone-free liver. Also, minimize eating processed food/beverage and using chemical body products. Their toxic residue puts a constant burden on your immune system. Eat meat/poultry well done; blood often contains parasite stages. Eat fresh, unprocessed food/drink, water or fresh juice. Use health food brand body products, especially toothpaste, mouthwash, soap, shampoo, detergent, supplements, cosmetics.

Celery Tissue Wash

A time proven, powerful intestinal flush to remove impacted protein stuck to the walls. Enzymes plus celery juice break down and loosen undigested protein. As you clean out the cells, you may feel tingling after 3 hours. Do on an empty stomach with clean bowels.

Drink 12 to 16 oz. of freshly prepared celery juice every half hour. Drink enough ounces to equal your body weight; 150 lbs. equals 150 ounces of celery juice. If unable to drink this amount, drink what you can and increase on your next flush. During flush, do not eat or drink anything, NO juice or water. Afterwards, you may eat lightly and rest as it can be tiring. A typical large bundle of celery amounts to about 20 to 24 oz. of celery juice.

Hair Grows Back Naturally

by Addressing the *True Cause* of Hair Loss

**FORGET CHEMICAL DRUGS WITH THEIR UNPREDICTABLE RESULTS
AND SCARY SIDE-EFFECTS! LET MOTHER NATURE DO HER JOB!**

Hair Loss is Unnatural Hair Growth is Natural

A healthy head of hair and scalp is possible without risking your health with scary drugs and chemicals that don't address the problem. *Super Hair* restores scalp health, stops hair loss immediately and enables your hair to grow back **NATURALLY!** Tens of thousands attest to it because it works by addressing the real cause of hair loss!

Why So Many Lose Hair

Unlucky genetics affect some, but most men and women have an overproduction of *sebum* -- a waxy oil the body produces. Over the years, *sebum* builds up and hardens in the hair follicles. Chemicals, pollutants and metals also penetrate the follicles and attract harmful bacteria. The result -- blockage of hairs trying to grow and you end up with thinning hair, hair loss or a bare scalp.

Super Hair breaks up layers of sebum, cleanses, lubricates and destroys harmful bacteria, allowing your follicles to breathe so hair can again grow **naturally!** No other product comes close.

Immediate Results

No anxiously waiting 3 to 6 months to know if it works. *Super Hair* **starts working immediately** -- hair loss stops in days. Then, peach-like fuzz sprouts in bald areas and hair growth increases in thinning areas. Fuzz can become thick hair, and hair grows much faster. Equally important, hair and scalp will have never felt better.

Scalp disorders often amazingly disappear (dandruff, oily hair, eczema, acne, psoriasis). Your hair can finally "*breathe*" again with a beauty and manageability.

Why *Super Hair* Works

Most hair formulas simply use a mixed bag of ingredients that usually do not work and may even contribute to the problem. *Super Hair* is created through a proprietary blending process of 26 botanicals added to the pulp of the jojoba bean, involving 23 steps over a **three month aging period** (like aging wine). Botanical extraction, fermentation, bacterial cultivation, distillation and an enzymatic sequence results in an exclusive ingredient called *Ferm-T*.

Super Hair Trio Pak

Shampoo: Shampoo daily.

Stimulator: Spray daily. It works on your scalp 24 hours a day.

Vitamins and Minerals: Take daily, further produces healthier hair.

Super Hair can produce results that may amaze you and does it all naturally -- pure, natural herbal ingredients, free of chemicals, pollutants, drugs, detergents or alcohol.

A MIRACLE "Super Hair is a miracle. My scalp and hair are no longer dry. My hair grows fast, is thick, shining and full of body (had fine hair that was beginning to thin in the front)!"

UNBELIEVABLE RESULTS "I have friends who highly recommend your shampoo, just loved the results...I used it a few times and results are just unbelievable, hair looked just great."

MORE HAIRS GROWING "Used shampoo for 6 months and see tremendous results. Not only more hairs growing, but much greater lengths."

A PRODUCT THAT DOES WHAT IT STATES IT WILL DO "For once a product does everything it states it will do. What a difference in my hair, thicker, shiny and just all together better than it has been for years."

5 YEARS TRIED EVERYTHING. SUPER LIVES UP TO ITS CLAIMS "Hooked on your shampoo. It really works! Five years I've tried everything and yours is the only thing that lives up to its claims."

FIRST PRODUCT THAT IMPRESSED ME "The first product making these claims that has impressed me for doing what they claimed to do."

NO MORE FALLING HAIR "Super Hair is fantastic... my bald spot is almost gone in less than 2 months... no more falling hair. My wife's hair is fuller and more luster. My barber even noticed new hair. Results are amazing."

ASTOUNDING RESULTS "Results are astounding. I know your product to be excellent -- it performs exactly as you say it will... to say the results are satisfactory is an understatement."

LOVE IT "I love it. I had a brain tumor and lost all of my hair. I've spent a fortune to make it grow. Your product helped tremendously."

GROWING HAIR ON BALD SPOTS "My photo reflects the new growth. My wife noticed luster in my hair, now the whole family uses it and we have shinier, thicker hair with more body."

NEW GROWTH ON TOP "I started losing my hair at 20. My father lost his hair, I thought it was hereditary... after months of faithful use I noticed new growth on the top of my head and it continued to get longer."

ITCHY, FLAKY SCALP HEALED "I couldn't believe it, after years of itchy, flaky, scabby scalp, it started to clear up in a week and is now all gone."

**OVER 10,000 PEOPLE
HAVE WRITTEN ABOUT
THEIR DRAMATIC RESULTS WITH SUPER HAIR.
OVER 70% REORDER
AGAIN AND AGAIN!**

Hair Can Again Grow Naturally Without Drugs

It cleaned eczema and psoriasis. My new hair is growing at the near part of my scalp and along the sides to the front.

I tried nearly every hair product, nothing worked. Your results are great. The front and back of my head is mostly filled in normal again. The product works.

Great stuff. Better than Rogaine.

I have new skin on my scalp, my head stopped itching, my hair stopped falling out.

It really works great.

I'm 73 and have been bald for 20 years. I needed the boost of Super Hair. I am definitely growing hair now.

My hair was really getting thin, now a big difference, definitely getting thicker.

I don't believe it. It's incredible!

Fuzz over all my bald spots.

I was very thin on top and since using your product I noticed considerable additional growth. The hair strands are thin and still short but should grow to dramatically improve coverage on my head.

This stuff is working. I am getting a smaller forehead.

A lot of new hair coming in the front. Hardly any hair loss so things are looking up.

I'm 74 and been bald for 20 years. There is a rim of fine hair above the ears, long hairs in the center of the scalp, a lot of 1" long hairs on top. The hair appears to be growing from the sides toward the center of the scalp, especially in back. I also get a hair cut more often.

You really make my day. My hair is growing. Thank you.

My hair has been thinning and receding for a few years. Tried expensive products with no success. To my surprise after 2 weeks little hairs were sprouting up all along where my hairline used to be. My hairline is coming back, my hair is getting much thicker.

Hair is growing faster, thicker, fuller, no more hair loss, rapid rate of growth.

It's the only shampoo I allow in the house and the only one I ever used that left my hair tangle free without conditioner.

Yes, I am growing hair. In a few months I'll send before and after pictures.

I am honestly surprised to actually see new hair growing all along my hairline.

There is obvious new growth in the bald area and the not yet bald area is thicker.

After the first month, other people noticed new hair growth.

I'm growing hair on the crown which has been shiny for 53 years.

My hair is starting to grow.

You were right on, fuzz in one week. I really couldn't believe it that my hair has grown that fast.

Hair, fuzz growing in bald spots. People notice fuller, thicker hair.

It really works. I didn't write sooner, I wanted to make sure it grows and stays and it sure does.

Tried many things over the years but my hair only became thinner and completely bald on top. Since using your product, my hair is gradually getting thicker.

The first thing was my hair quit falling out. I no longer had to clean out the drain cover. That by itself is worth it.

Your product did wonders. My scalp feels better, no more dandruff, enjoy no itching.

Had receding hair on both sides. On my left, definitely seeing new hair. Amazing. On the right, fuzz. My hair is much more manageable, shapely, alive.

Best product I ever used. In 2 weeks, I grew fuzz which later developed into hair. I am beginning to see a head of hair on what used to be my bald spot.

What a difference in my hair, thicker on sides, fuzz on forehead. I had a large bald spot on the back of my head and it is starting to get fuzz. I wish I got news of this wonderful product sooner.

My hair was falling out, thinning. Your shampoo has stopped that.

It is working better than anything I have ever tried before.

Almost a complete elimination of flaking, and my scalp feels better.

Love the product. Hair is fuller, thicker and fuzz where there was nothing. My scalp feels better, healthier.

Your formula is doing a super job in restoring my hair.

It is helping my scalp, as my dermatologist thinks I have eczema.

Results are great.

It grows hair, keeps hair from falling out.

I am growing hair in the center of my scalp.

My hair is growing and is not coming out like it did.

My hair has grown about 1/2" in 29 days. I see lots of new hair, really thick.

It is working. My bald spot is growing hair.

Seeing hair growth, fuzz sprouting, my bald spot in back is filling in, hair more manageable, scalp feels great.

Another order. It's working.

My dandruff problem disappeared and I started to notice fuzz.

I'm very, very satisfied. My stylist was very surprised to see "baby hair" on my head. She wants to know the product name.

Your product really works. I can't say enough about it. My hair really looks nice and is really filling in nicely thinning areas.

I used Rogaine, it wasn't doing anything. I used your products for one month and I can't believe the results. The large hole in the top of my head is growing back. These products are making my life so beautiful.

I see more hair growing, have fuzz showing, short stubs on my bald area in the middle of my scalp where I am bald. My hair feels cleaner and my scalp is fuller for the first time in 10 years.

Want to tell you how satisfied we were. My wife and I both use it and it has done wonders for our thinning hair.

I really wasn't expecting anything. In a week I was truly surprised to see new growth and in 3 weeks I'm impressed with results.

Since using your products I changed my name from baldy to fuzzy.

I see it really works and recommend it. I really thank you for a marvelous product. If someone has doubts, call me.

The products are marvelous. My hair is really growing.

Hair is growing on the top of my head, growing longer and thicker.

I am showing results in growing hair and am so very happy.

I have an amazing story to tell you but want to wait to see more results.

I'm most pleased with the results. It's performance that counts.

New hair is coming out all over my head and I'm 83.

Thanks, it's working. My thinning crown is fat and happy.

I'm seeing new hair growth. My bald spot in back is filling in, growing hair in front. Hair is cleaner, more manageable and dandruff is gone.

After 2 weeks I have fuzz all over my head and getting stronger.

I've experienced exceptional growth of new hair. My stylist is impressed and wants to offer it in his salon.

Wonderful. It has almost cleared up my son's scalp problem.

A lot of fuzz turned to full hairs, not all.

Amazing, my hair loss has now stopped for over a year. I can't even pull them out.

Human Growth Hormone

It Can Reshape Body, Mind, Organs, Health and Reverse Aging and Even Turn the Clock Back 20 Years

Dramatically Change Many Signs of Aging

Significant changes can happen each month, and in 6 months you may experience so many changes you may not recognize yourself. *Human Growth Hormone* (HGH) has been well publicized, even mainstream medicine has enlightened us to a real, true cause! The *New England Journal of Medicine* published a clinical study that **hailed HGH as a fountain of youth**. The *National Institute on Aging*, universities and medical institutions all conducted clinical trials that found **amazing positive changes and benefits in age reversal with HGH**. It starts in just weeks, continues on for 6 months and can produce astounding changes. I have seen it, experienced it myself and investigated much of the research.

Homeopathic HGH Drops Under Tongue Twice Daily

No doctor, no injection, no drug -- **just put 4 to 6 drops of homeopathic HGH under your tongue twice a day and watch it happen!** Whatever your age, from 40 to 80, it is possible to dramatically reverse the many symptoms of aging. The evidence, studies and proof are many. By taking HGH consistently for 6 months, you may look and feel 10 to 20 years younger, and that may not be the limit.

A simple summary. Hormones are chemical messengers involved in all aspects of the body's metabolism, growth, mood, sexual function, health, regulating vital organs, healing, repair. HGH is the master hormone and it influences growth of cells, bones, muscles and organs.

The pituitary gland produces HGH, and as we age, it produces less and less. By taking homeopathic HGH, it again circulates through the body. The result -- muscles build back up, new muscles push out the skin so wrinkles disappear, elasticity returns, bone mass returns and organs regain mass, enabling them to heal and often repair themselves.

What You Can Expect

1 Month: Better, sounder sleep, more refreshed upon awakening, increase in energy, improved stamina, vivid dreams, early signs of changes all over.

2 Months: Improved muscle tone, some weight loss, enhanced sexual function, improved skin tone, increase in strength, better eyesight, better digestion, more changes all over.

3 Months: More of month 1 and 2, but heightened. Mental process improves, faster recovery from wounds and muscle soreness, reduction in PMS symptoms, greater body flexibility, muscle size increase, more hair growth, increased sexual desire, less pain, body contour reshaping, wrinkles visibly shrinking.

4 Months: Same as 3 months, but heightened, more consistent. The body may shift into "neutral" and some results seem to diminish, indicating the body is using HGH to rebuild tissue or resting. Shortly after, the benefits resume.

5 Months: Impressive weight loss, reduction of inches, thickening and greater elasticity of skin, hair thickening and more shiny, reduction of wrinkles, fat reduced, muscle tissue increased and toned, improvement in skin texture and appearance (including skin discoloration).

6 Months: Same as 5 months, but a really exciting stage. Cellulite greatly diminishes, eyesight improved, stronger resistance to illness, rapid healing of wounds, some gray hair returning to natural color, body more contoured, many pains, soreness disappear, excellent exercise tolerance, better emotional stability.

Side effects: Some may experience stronger heartbeat, headache, upset stomach, feeling different/unusual or slight aches/pains (the body feels energy where energy was previously blocked). If symptoms are too strong, temporarily reduce amount or stop. As symptoms subside and your body adjusts, you can slowly increase to suggested levels.

WHAT HGH CAN DO:

Anti-aging and longevity
Increase muscle, bone mass
Increase bone density
Stimulate fat loss
Impressive weight loss
Reduction of inches, thickness
Improve body composition
Body much more contoured
Improve skin tone, texture
Wrinkles disappear
Greater elasticity of skin
Improve sleep quality
Help cognition
Improve quality of life
Absence of side-effects
Feel, look 10-20 years younger
Increase energy, strength
Better digestion
Enhance sexual function, desire
Improve eyesight, night vision
Improve mental processes
Faster recovery from wounds
Reduction in PMS symptoms
Greater body flexibility
Less pain, soreness gone
Thickening of hair
Cellulite diminished
Stronger resistance to illnesses
Rapid healing of wounds
Some natural hair color returns
Excellent exercise tolerance

Dr. Ronald Klatz, expert on anti-aging, founder and president of *The American Academy of Anti-Aging Medicine*:

"By replenishing your supply of growth hormone, you can recover your vigor, health, looks and sexuality. For the first time in human history, we can intervene in the aging process, restore many aspects of youth, resist disease, substantially improve the quality of life, perhaps extend the life span itself. The Fountain of Youth lies within the cells of each of us. All you need to do is release it."

Health Truths

Relief, Comfort, Healing, Recovery

Advice Regarding Food is Essentially Meaningless

How did your colon and liver get in this horrendous condition? This is not the usual meaningless advice regarding nutrition, diet or good/bad foods. **The dilemma is found in the forms of the food you eat!** We do not consume pure food, but unnatural, processed, artificial, polluted, indigestible food. So much of what we consume is mass-produced, flavored, colored, conditioned, whipped, processed food and beverage that contains minute traces of chemicals, pollutants, solvents, dyes, colorings, additives, preservatives, stabilizers and indigestibles the body simply cannot tolerate.

Our immune system was never equipped to process so many foreign substances. Americans rarely eat pure food because it hardly exists. As a result, vital organs have become a *biological storage unit* for this undigested trash. Try to bypass supermarkets; processed food and beverage are all they sell. Look for alternatives like Farmer's Markets that carry foods by local vendors who generally do not pollute or process. Why eat commercial packaged bread, cakes, cookies, etc., when you can eat fresh from a bakery? Many eat processed white bread or artificial margarine instead of real butter, but not whipped or again you're eating something processed.

Cook meat and fowl thoroughly; so much of it is infested with microscopic parasites and bacteria. High temperatures generally destroy them. Stop eating processed dinners and fast food junk; it wreaks *long term havoc* on your insides. In general, buy goods from producers unlikely to introduce pollutants, chemicals, dyes, preservatives, etc. The bottom line: Think about what you're putting into your body!

Body Products, Cosmetics, Detergents Seep Inside and Pollute Internal Organs

20th Century "*progress*" has polluted just about everything we consume or absorb. **Anything you put on your skin is absorbed and seeps into the body.** When we're younger we can get away with it. But there is a limit. Detoxifying capability becomes handicapped or impaired, and pollutants and chemicals remain in the body! Give yourself a break for a week and watch the benefits.

STOP using all over-the-counter body products; toothpaste, mouthwash, soap, shampoo, lipstick, cosmetics, hair products, perfumes, shaving cream, deodorant, etc., and STOP using rubbing alcohol (isopropyl alcohol) on your skin: **it's poison!** STOP using cleansing agents/detergents! They all contain pollutants, chemicals, solvents and toxins

that seep into the blood stream and organs. Commercial mouthwash, toothpaste and detergents are poison -- they often says "*if swallowed, contact poison control.*"

We believe we rinse off detergents, but the fact is *nothing ever disappears*; traces always remain and we cook with detergent daily. It all contributes to toxemia with symptoms like allergies, skin disorders, fungus, pain, sleep disorders, mood swings, poor digestion, an endless list.

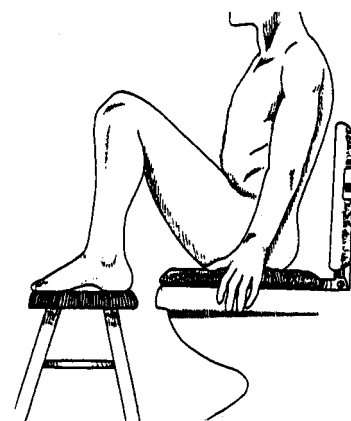
There are firms that offer body products, cleansing agents and detergents that are 100% pollutant, chemical, metal, solvent and toxic FREE! There are herbal alternatives to everything; detergents so pure you can consume them. Just remember, **whatever you put ONTO your body seeps INTO your body!** Request a list of firms that offer herbal substitutes for all body products, cleansing agents and supplements.

The Modern Toilet Seat Contributes to a Sagging Bowel and Prevents Complete Evacuation

One of the big enemies of the bowel is the modern toilet seat. In primitive societies, people squat, and this is exactly what our bodies were constructed to do, the natural position when defecating. The bowel is supported and kept in alignment by the thigh's contact with the abdominal wall, and all internal organs are maintained in their proper places. The modern toilet seat robs us of the natural support to the abdominal walls and colon, and thus restricts evacuation. Whoever designed it never realized the havoc it would cause with constipation and related diseases when setting it so high up. This forces our bodies to adapt an unnatural, abnormal position, and over the years it leads to weakened abdominal and intestinal muscles unable to support and girdle organs in a proper fashion.

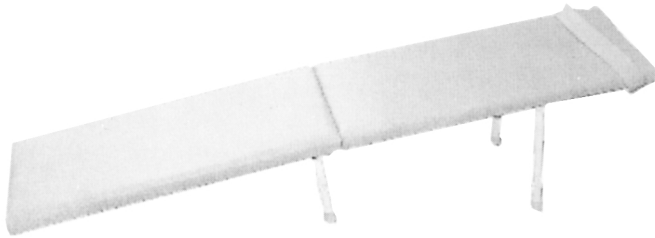
It also contributes to sagging internal organs that don't function as efficiently when shifted from their natural position. Over the years, it only aggravates the problem of the sagging colon. **There is an answer!** The use of a *foot stool* to elevate the feet while on the toilet approximates the natural squatting position. This simple step will result in a more complete evacuation.

USE A FOOT STOOL!



Slant Board Helps Restore the Bowel to its Correct Position

Lie with your head at the bottom of a *slant board* and gravity will move sagging abdominal organs back into their proper place. This simple act will help restore the bowel to its proper position. Another benefit is delivering better circulation to the brain. Simply lie on the slant board for 10 minutes. Then, for another 10 minutes roll a tennis ball around your abdomen while applying pressure. The ball will get into the bowel and exercise it. Do daily. If you feel light-headed or dizzy at first, get off the board and try again later. In days, the dizzy feeling should be gone.



Dry Skin Brushing! Easy Way to Eliminate Toxins with Great Health Benefits

The skin is the largest elimination organ of the body. Dry skin brushing is an easy and great way of removing dead skin cells and waste material, thus helping relieve other elimination organs. Brushing every day offers great health benefits -- stimulates circulation, can eliminate cellulite, helps the digestive process, tightens skin and stimulates glands, thus helping all body systems. As always, eliminating toxins improves the immune system and functioning of organ systems.

Soap or any cleanser can never get the skin as clean as the new skin under the old. Do your skin and body a favor -- stop using oils, creams or other junk that only *clogs up the skin*. A new top layer of skin is made every 24 hours, and skin brushing removes the old top layer, allowing a clean new layer to come to the surface. The powder particles that come off are crystals of uric acid and dried waste products. Always brush skin when it is dry and don't wet the brush. You'll get used to a stiff brush and love the way your skin feels and looks.

You need a brush with **stiff, natural, vegetable fiber bristles**, preferably with a long wooden handle (removable) to reach hard to get places. Do not use nylon or synthetic fibers. The brush can be found in many health food stores.

The whole body should be brushed. Brush each part of the body several times gently at first, including the stomach, buttocks, arms, hands and across collarbones, as important lymph drainage sites are located there. Brush face, forehead, neck, nose, scalp, cheeks, gently at first. In days your skin will become conditioned, then brush about 10 minutes daily. When comfortable, do it twice daily. Brush before a shower or bath, but not before bedtime as it may make it more difficult to fall asleep.



Fungus, Candida, Yeast -- The Cause, Relief, Elimination

Yeast is fungus and the most common is *candida*, which can invade the mouth (thrush), skin (redness on skin, face), vagina and digestive tract. Fungus invades areas of low immunity caused mainly by *metal* in the tissue. The main source is dental metal seepage, and ideally all metal should be removed. Fungus grows *inside* living cells and is difficult to get rid of. But the immune system can still destroy fungus if you stop feeding it. Knowing what fungi need to survive and grow enables you control or possibly eliminate. **Most important is to stop feeding fungus!** Fungi need dampness, iron and thrive on sugar!

Stop all sugar, cakes, cookies, candies, sweets. Stop all fruit and fruit juice. Even though sugar is natural yeast thrive on it. No fruits, from grapes to oranges and avoid antibiotics. You see immediate improvement when you stop all sugar. Fungus need moisture. For skin and foot fungus, use a heat lamp and prepare a powder with zinc oxide powder and cornstarch. Zinc oxide helps eliminate *iron* that yeast and bacteria need for reproduction. A zinc supplement also helps. By depriving fungus of sugar, iron and moisture, the white blood cells can come to the rescue. You'll notice a significant difference with these simple measures.

Coffee Enema Helps Eliminate Toxic Waste from Colon and Liver

Alternative therapists agree to the benefits of coffee enemas as an excellent means of eliminating toxic waste from the colon and liver and to stimulate the liver's detoxification ability. Amazingly, even mainstream medicine agrees they are safe and can be done daily for a month or longer. All advice assumes you have no other means of cleansing the colon. If you use Jim's Colon Pills and Cleanse, do you still need enemas? Having both work for you can only help, especially if your colon is in bad shape.

Prepare as follows: Take 4 heaping tablespoons of regular ground coffee -- not decaffeinated. Pour into one quart of cold tap water, boil 3 minutes. Cool 10 minutes and boil again 5 minutes. Pour into a container through 2 coffee filters to remove undesirable substances. Let it cool.

Use the standard rubber enema bag. A regular enema tip is okay, but a high deeper enema is even better. An extension as well as a 30 inch-long disposable enema can be purchased at a pharmacy. The colon tube is a soft, flexible rubberlike substance that follows the curves and flexure of the colon. It usually is inserted 12 to 20 inches into the rectum.

Do not use commercial or chemical lubricants, petroleum jelly or vaseline! Use only natural butter, olive oil, vitamin E oil or natural substances!

Several positions can be assumed. *Squat* or use the *knee-chest* method with the chest and knees on the floor and the buttocks in the highest position. Once liquid is introduced, lie on the left side for at least 5 minutes, then on the back for 5 minutes, then on the right side for 5 minutes. You may hold the liquid in longer, but after 15 minutes it may be expelled. If you feel a sudden gas bubble and the urge to expel early, breathe through your nose very quickly using your abdominal walls like a bellows. This helps break up the bubble.

Brush Gums/Teeth with *Oregano Oil*: A Powerful, Natural Antiseptic, Penetrant, Bacteria Killer

Colloidal silver destroys bacteria and viruses in the body and mouth. Brushing gums and teeth with *oregano oil* penetrates even deeper, under the gums and in dental crevices that are breeding grounds for harmful bacteria. *Oregano oil* is a powerful, natural penetrant, antiseptic that kills viruses, bacteria and fungus. Pour *one drop* of *oregano oil* into a wet toothbrush. Wet again. Brush all around the gums, teeth and dental crevices. Avoid tongue and lips.

Caution --it is extremely hot and can burn your tongue.

Brush daily. After regular usage you get used to it and it burns less. It is so potent you feel its effect immediately. It can be used externally on skin problems, but it will burn, so rub on some olive oil. It can be taken internally but one must exercise caution -- and only take it in a capsule. It will kill lots of microbes. Put 1, 2 or 3 drops carefully into a capsule, wash off, swallow, and eat some bread. *Oregano oil* can be purchased at health food stores (often diluted), but we know the purity, 100% strength and potency of the *oregano oil* we offer you.

Have All Body Organs in Their Proper Position While Sleeping

This simple step brings amazing rewards by having all body organs in their correct position while you sleep. A sagging bowel and stomach puts pressure on ALL organs below; bladder, rectum, prostate, ovaries and kidneys, causing distress and trouble as one organ bears down on the other. Many problems occur when organs sag and put pressure on other organs. This step will relieve pressure on the bladder and other organs.

THE SOLUTION: When in bed, lie flat on your back. Lift your buttocks (your knees will bend). From below the waist, push, pull and massage everything upwards. Do this for about 10 seconds or more. Your organs will be in their proper places. Go to sleep. The benefits are that organs are able to recuperate in their natural position. Frequent urination may diminish or even stop. In the morning, you'll notice the difference. Do it every night. Combined with colon cleansing, your bowel can be in the correct position and may even stay there.

Dissolve Kidney Stones in Weeks. *Chanca Piedra* from the Amazon

Chanca piedra or "stone breaker" is indigenous to the rain forests of the Amazon and has a long standing history and traditional use as a remedy for eliminating kidney stones. Medical herbal literature is full of descriptions from doctors and healers of its wondrous, almost **100% ability to dissolve kidney stones**, as well as prevent them. Dr. Wolfram Wiemann of Germany was 94% successful with 100 patients in eliminating stones within a few weeks. Take one *Chanca Piedra* capsule 2 or 3 times a day. It takes from 1 to 3 weeks to dissolve stones. Also drink plenty of water each day as water is essential to help flush out the kidney filter system. In general, you should not feel anything and no side effects. **Consult your doctor if diabetic.**

Colonic Irrigation

If you are really jammed up and require immediate relief, visiting a colon therapist can bring immediate rewards. Colonics flush you out with an herbal/water mix for about one hour. Most therapists have seen it all and can tell how badly clogged up you were. Try to find out if they have proper training, are certified, the facility is clean and well cared for with sterile equipment. For sources of referrals, ask chiropractors, alternative doctors, naturopaths, health food stores, the Internet or look in the Yellow Pages. For additional information contact the following:

California Colon Hygienist Society

Box 588, Graton CA 95444 (707) 829-0984

Shasta Colon Hydrotherapy

2051 Hilltop Dr. #A-11, Redding, CA 96002
(530) 223-4411

World Hygienic Institute

2220 Irlo Bronson Hwy, #11, Kissimmee, FL 34744
(407) 933-0009

Internet: www.colon-hydrotherapy.com (directory of colonic irrigation therapists in USA)

You can do your own high colonics and buy equipment from the following firms, or check out the Internet.

Colema Boards, Inc., 705 McGee St, Kansas City, MO 64106
(800) 544-8147 (816) 221-3719 www.colema-boards.com

Prime Pacific Health Innovations Corp. Box 38690, North Vancouver, BC, Canada V7M 3N1 (800) 223-9374 (604) 929-7019 fax: (604) 929-7142 www.thecolonet.com

Dental Metals, Root Canals, Decaying Teeth Cause Havoc in the Body

This is extremely valuable information. There is so much written on the subject, yet most don't listen! Removing metal from the mouth offers profound health benefits. Corrosion, tarnish and enzymes in saliva break down metals that continuously seep into the body. Detoxifying capacity simply runs out and metals remain in vital organs. It causes havoc in the body, hampers immunity and is responsible for many disorders and unexplained symptoms.

Fillings, bridges, root canals, crowns and caps are the source of pollutants, toxins, metals, carcinogens and *bacterial infection*. Plastic also has toxins and when not hardened perfectly, toxins also seep into the body. *Equally damaging, crevices in dentalware and root canals are the breeding-ground for harmful bacteria* (see *oregano oil*). Metal should be removed and bacteria-infected or dead teeth extracted. It can bring about amazing relief to so many unexplained symptoms. See page 43: ***The Devastation of Toxic Dental Metals and Mercury Amalgams.***

True Health & Healing

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"The more effort you put into cleansing your insides, keeping them clean and stop polluting yourself from now on -- the rewards are phenomenal!"

-- Paul Oberdorf

You'll get better, feel better, sleep better, think clearly, few *chemical imbalance* mood swings, enjoy a happy, healthy, problem-free life. Our organs, tissue and cells are polluted! It's that simple. Internal cleansing takes time, but each day as you clean up, detoxify, eliminate trash, change habits and stop poisoning yourself, the benefits are profound.

No drug, supplement, miracle formula or doctor can do it -- **only YOU** -- by eliminating from your body decades of accumulated trash, chemicals, metals, dyes, solvents, poisons, molds, bacteria, parasites, viruses, fungus, mucus. And no skin product, laser or surgery can produce a more natural, healthy, alive appearance than by cleansing the colon, liver, kidneys, body tissue.

Federal Regulations allow a host of foreign, pollutant substances into everything we eat, put on our bodies and into our *medicines*. As a result, our body, organs and tissue have become *biological storage units* for all the undigested *food*, chemicals, metals, poisons, pollutants.

It is therefore up to you to determine your own fate. Simply assume all mass-produced, manufactured, processed, expiration dated food/beverage/body products are polluted, unless proven otherwise.

But don't despair. With good judgment, you can enjoy life much better than in the past, with a renewed sense of energy, appearance, disposition, appetite and real health, with freedom from poisons, chemicals, pollutants, drug medicines.

A few prohibitions

Avoid most products in a Supermarket. Most of it is nonfood, manufactured, processed, chemicals, artificial, expiration-dated. If it's packaged, sealed, dated, don't buy it. Stop artificial, flavored beverages and bottled water. Drink tap (filtered) or fresh juice. Go *organic* if you can.

Avoid most products in a Pharmacy. It is a chemical factory of poisons from so-called medicines, mouthwash, supplements to body products and cosmetics.

Stop using detergents. They're loaded with solvents, toxins, poisons that leave trace residues that you consume. Read the label -- *if swallowed contact poison control*. Only use *herbal detergents*.

Stop using isopropyl alcohol rubbing alcohol (and all solvents). It's poison and seeps into your organs and tissue.

Stop all fast food, needless to say. Meat and poultry contain bacteria, parasites, hormones, antibiotics, solvents, fats, etc.

The bottom line -- consume only fresh goods, only freshly prepared food and use only health brand body products.

Be a slave to your colon

I've been taking *Jim's Colon Pills* and *Cleanse* for 6 years. Not every day, but most. They work wonders and have made me super aware so I know when any trash still remains. You should try to reach this level of awareness. **Nothing should remain in the colon.** If it does, pop a few more pills and drink plenty of water.

I also do about 5 coffee enemas and one colonics a year, whether I need it or not. The entire body is dependent upon an uncontaminated, super clean colon. **I have become a slave of the colon and so should you!** Coffee enemas, believe it or not, are recommended by *mainstream medicine!* Remember -- **death begins in the colon!** The cleaner your colon, the likelihood you'll be okay forever.

How we get afflictions, disease

We consume nutrient/enzyme depleted, indigestible nonfood, use chemical-laden body/cosmetic/hair products with toxic residue continually seeping *inside*. Mercury/toxic metals from dentalware, known immune suppressors, seep inside for decades. We ingest toxic traces of mouthwash, toothpaste, detergents. We take endless chemical-based medicines. We consume milk that produces loads of mucus in the colon, lungs, eyes, sinuses. Over time, it all begins to accumulate inside the body and invites bacteria, viruses, parasites, molds, fungus that thrive on it.

The human immune system was never equipped to process this onslaught that has altered the body's natural working order and chemistry. Never before have humans been exposed to this. The body is continuously poisoned, pathogens/parasites keep invading.

Endless Symptoms appear -- they are the body's response and reaction to conditions it can no longer tolerate. *Yet we are not aware this is the early stages of toxins and pathogens roaming the body.* We resort to medicines, more chemicals, that aggravate and mask the problem.

A day then comes when a vital organ(s), colon, liver, kidney, pancreas, lungs, brain, heart, etc. is so deluged with trash, poisons, metals, mucus, fungus, stones, cholesterol, pathogens, parasites that symptoms are big time, serious disease!

Whether arthritis, arteriosclerosis, tumors, growths, intestinal disease, diabetes, chronic fatigue, high blood pressure, liver problems, strokes, heart attacks, etc., etc., it is an indication of which organ(s) is most badly infiltrated and polluted.

Over 150,000 heed our advice

Over 70,000 have used *Jim's Colon Pills* and *Cleanse* with virtually no refund requests and over 50% reorder continuously. Some stories we hear are horror shows as people describe losing 10 to 30 lbs. of indescribable junk.

Over 15,000 have done the *liver flush* and we estimate 95% passed stones with some reporting from 500 to 1,000 stones. The benefits are profound.

Silver Water is often called miracle water, cure water, holy water. 35,000 have used it with an unheard of 75% reorder rate. Ministers give it to church members, alternative doctors to patients, it is our greatest germ fighter and a true healer.

Over 8,000 have used *See Again*, many regularly, because it detoxifies the eyes, helping so many eye problems and vision.

We have offered *Super Hair & Stimulator* since 1996. We have over 10,000 testimonials attesting to its ability to stop hair loss and enable your hair to grow back.

Colon Cleansing is TOP PRIORITY!

It is always the first thing to do!

Always start with Jim's Colon Pills and Colon Cleanse.

You can drink Silver Water and use Oregano oil immediately.

Wait about one week before taking Hydrochloric acid and Digestive enzymes.

Wait about 2 weeks before taking Mullzyme and Ultrazyme Plus.

Wait about 3 weeks for Herbal Chelator and Nickel Eliminator.

Liver flush is last, about 4 weeks after colon cleansing.

See Again: Wait until 4 weeks of colon cleansing, preferably after liver flush.

JIM'S COLON PILLS and CLEANSE

There are two stages: the initial blast out, which can take weeks, and then maintenance. Start with 2 Pills and 1 Cleanse in the morning. Repeat this dosage in the afternoon. Bowel movements can happen within hours. If not enough is happening, the next day increase to 3 Pills and 2 Cleanse in the morning, and then repeat this dosage in the afternoon. That should do it for most. If not, repeat the dosage a third time.

Always drink 2 glasses of water when taking pills and cleanse. Initial blast out is heaviest the first few weeks, thorough cleansing takes longer. When you're functioning more normally, go on maintenance of 1 to 2 Pills per day and 1 or 2 Cleanse every other day. Each person should experiment to determine their correct amount.

Not to worry! You may be shocked by what comes out and keeps on coming out. Some may experience wooziness, cramps, frequent bowel movements or diarrhea. Don't worry. The more exaggerated the reaction indicates the severity of the problem. As decaying junk is being broken apart, toxins are being released and parasites and bacteria are in a frenzy as they are being destroyed. It will all subside as the trash leaves your body. You'll feel and look so much better as you rid yourself of this horrible, toxic stuff that's been inside you for many years.

MULLZYME MUCUS DISSOLVER

Digesting the mucus that is lining the colon walls takes time. Wait 2 weeks before taking Mullzyme. Avoid the most mucus-producing foods -- milk, milk products, especially ice cream. The mucus that comes out looks and feels like mucus. For maintenance, it is advisable and recommended to take one mullzyme daily. This will protect the colon walls from any mucus buildup in the future.

SILVER WATER

Do not refrigerate, freeze, put on cement or shake bottle. Daily maintenance is one to two ounces. Gargle and swish around to kill bacteria in mouth and gums. Then swallow. For afflictions you need much more; pneumonia or flu requires three bottles minimum; to reduce enlarged prostate, you need much more initially. It has no side effects, so you can start with 5, 6 or more ounces a day. Monitor your reaction and you'll notice how much better you feel. Externally, spray Silver Water into the eyes, ears, nose, throat, teeth, skin and face for a nice glow. It kills bacteria, virus and fungus, externally and internally. Long term, you want to reach daily maintenance. Silver is eliminated as its small colloid particle size do not leave any residue. But only take high dosages to reduce prostate or combat illness, flu, pneumonia and infections.

OREGANO OIL

It burns, so use carefully. Use daily. It is powerful, potent, destroys all kinds of bacteria and penetrates under the gums and in dental crevices. Put *one drop* onto a wet toothbrush, wet again. Avoid lips and tongue. Brush gums, teeth, around fillings and around all dental work. It burns, but you will get used to it and feel its effect of eliminating bacterial infections. Taken internally, it will devastate microbes; put 3 drops into an empty capsule, rinse capsule, swallow and then eat some bread; best to start with one drop to determine your reaction.

HYDROCHLORIC ACID

Put 2 to 4 drops into a glass of water at mealtime. Repeat 3 times a day. Do not exceed about 20 drops a day. As digestion improves, take less. If you have a negative reaction or are not sure, check with a Natural Health Practitioner who can test for low HCL. Never put drops straight into your mouth -- it dissolves tooth enamel.

DIGESTIVE ENZYMES

Take 1 to 2 capsules with each meal, up to 6 a day. They are very potent and you can almost feel the food leaving your stomach. It relieves the full feeling, heartburn and possibly hiatal hernia. After your digestion begins to improve, daily maintenance of one capsule with each meal is recommended.

NICKEL ELIMINATOR

Take 1 capsule daily. If no side effects, take 2. With decades of accumulation, eliminate nickel slowly so as not to overload the bladder/kidneys. If you experience a slight headache, pain, muscle/joint aches in the upper leg, groin, inner thigh -- not too worry! It merely indicates how much you are loaded up with nickel. So go slower, 1/2 capsule a day or 1 every other day. It gets better and better each day. Initial clues are substantially more hair growth and the disappearance of some skin disorders. Your goal is always to eliminate nickel from your body no matter how long it takes.

HERBAL CHELATOR

Always shake bottle before using. Suggested dose 10 to 40 drops 2 or 3 times a day. Drink and use externally. You can mix with water. Wonderful for circulation problems, head, brain; rub around eyes, ears, neck, clogged arteries, pain areas, joints, muscles as it can relieve pain. You often feel its effect right away, but it can take weeks, months or longer depending upon the problem. Use regularly internally, externally until circulation improves and afflictions and deficiencies diminish or disappear. Use less initially - you may get a headache as metals are stirred up and not to overload the bladder and kidneys.

LIVER FLUSH - SUPER PHOS 30

(See Instructions). Eliminating liver and gall stones is one of the most powerful things one can do to restore health. The liver makes bile and sends all the toxic pollutants through the bile ducts into the intestines. Keeping the bile ducts open and clear so enough bile is produced is essential. Bile is bright green and turns feces dark brown. If there is not enough bile, fat remains in the bowel contents and feces float and stay light colored, even yellow or orange. This is your clue to bile duct blockage. Another clue is high cholesterol as bile is loaded with cholesterol. If bile ducts are choked with stones, less bile is produced and you can expect cholesterol levels to rise as well as bad digestion. A liver flush can be repeated 3 or 4 times a year until very few stones come out. If hundreds or more stones come out the first time, repeat the flush about 4 weeks later. Your goal is a stone-free liver.

SEE AGAIN EYE FORMULA

(See Instructions). The eyes should not be the organ to eliminate pollutants from the body. *Colon cleansing* is a necessary first! Do not start until about 4 weeks of colon cleansing, preferably after the liver flush. Always start

SLOWLY to monitor your reaction. *See Again* is a highly effective, powerful detoxifier that draws toxins, fungus, pollutants and mucus out of the eyes. The eyes may be full of mucus in the morning. This is normal, the healing, curing process. Most use the eyewash repeatedly without problems. If the eyes initially get worse, they often improve within days, though in some cases much longer. *Toxins have to come out in order to heal.*

HUMAN GROWTH HORMONE

4 to 6 drops of homeopathic HGH under the tongue twice a day; may be increased to 6 to 8 drops 2 or 3 times a day. Take 5 straight days, skip 2 days each week. By taking it consistently for 6 months, you can dramatically reverse many symptoms of aging. You may look and feel 10 to 20 years younger.

Some may experience stronger heartbeat, headache, upset stomach, feeling a little different or slight aches and pains in areas of old injuries as the body feels energy where energy was previously blocked. If symptoms are too strong, you can reduce them by temporarily stopping or reducing amount or taking HGH drops in water once a day or every other day. As symptoms are relieved and your body adjusts, slowly increase to suggested levels. It is always best to listen to your body by starting slowly and building up. If you're diabetic, consult your doctor as your need for insulin may be decreased.

PARASITES - ULTRAZYME PLUS

(See instructions). Everyone should follow the schedule for the first month. Then, go on maintenance except for serious health challenges that should follow Month 2 and 3. Any uncomfortable reaction is the result of detoxification and of parasites being destroyed that are also releasing toxins, bacteria and viruses. *Silver Water* is essential to destroy released microorganisms. In a short time, as cells are being cleansed and detoxified, symptoms abate and you get a sense of well being as the healing process begins.

Colon Pills	\$35.00	Nickel Eliminator	\$60.00
Colon Cleanse	\$35.00	Herbal Chelator	\$50.00
Mullzyme	\$35.00	Liver Super Phos	\$35.00
Silver Water	\$35.00	Naturally PainLess	N/A
See Again	\$35.00	Digestive Enzymes	\$45.00
Oregano Oil	N/A	Hydrochloric Acid	N/A
Ultrazyme Plus	\$65.00	Growth Hormone	\$55.00
Super Hair Shampoo	\$17.00	Super Hair Vitamins	\$18.00
Super Hair Stimulator	\$17.00	Super Hair trio pak	\$47.00

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A Message from Paul Oberdorf

"It can be a new, revitalized, energetic, healthy you... no matter your age or health disorder."

True health comes about by eliminating foreign substances (living/nonliving) that hamper vital organs from performing their natural functions. In the 20th century we have introduced pollutants, chemicals, toxins, dyes, solvents, metals and unnatural, foreign substances into our food, beverage, medicines, body products, dentalware and cleansing agents. Over time, it accumulates in the body as the immune system can no longer detoxify/eliminate and invites bacteria, parasites, molds and fungi that thrive in this environment.

The human immune system was simply not equipped for this onslaught that has altered the body's natural working order and chemistry resulting in our health being jeopardized. Never before have humans been exposed to this.

The vital steps are to cleanse the colon, liver, kidneys, prostate, pancreas and all body tissue and organs. **It is then up to you to stop polluting and poisoning yourself!**

1) AMERICAN DEFORMITY: We "*progressive*" Americans have become the most deformed, abnormal-looking and obese people in history and have brought upon ourselves endless abnormalities, afflictions, disorders, disease.

2) PHARMACEUTICAL CULTURE: Americans are brainwashed in thinking only in terms of *cure*; the concept of *cause* is essentially suppressed. **No one looks for causes because there is no money in it.** The medical profession has been taken over by the pharmaceuticals so we are only offered drugs and *early detection*. Understanding cause can bring about the elimination of disease and that would spell doom for the drug companies.

3) BOWEL MOVEMENTS: Without 2 to 3 a day, the body becomes poisoned (autointoxication) by the retention of rotted, decaying, fermented, parasite-infested fecal matter.

4) WEIGHT LOSS: Lose 10 to 35 lbs. upon eliminating decaying fecal matter accumulated in the colon for years.

5) POT BELLY: Many organs, including the stomach, can revert to their correct position by eliminating weighted trash from the transverse colon that is drooping and sagging.

6) THE TOILET: Another contributor to colon problems. Humans were not meant to defecate in this position; people squatted throughout history as this posture supported the abdominal wall and bowel. You can simulate this position using a *foot stool* to produce a more complete evacuation.

7) APPETITE DIMINISHES, OBESITY ENDS: When your food processing system works properly, nutrients nourish the body, endless appetite/junk food cravings are gone and you become repulsed by processed, chemical, artificial "*food*."

8) NUTRIENT ABSORPTION: Nutrients cannot be absorbed through the intestinal walls (villi) because they are blocked with trash and mucus, often hardened.

9) GOOD NUTRITION, DIET is not with so-called good/bad foods, but by eating natural, unprocessed, non-chemical fresh food/beverage with an expiration of 3 days, not 2 months.

10) DIGESTION vastly improves, not by abating symptoms with antacids/drugs, but by assisting digestion with its missing ingredients -- hydrochloric acid and digestive enzymes.

11) INTESTINAL DISEASES, including polyps, are symptoms of a polluted, trash-filled colon with massive amounts of parasites and bad bacteria that are thriving.

12) LIVER FLUSH, BILE, CHOLESTEROL: Flush the liver clean of *stones* so it can produce enough bile, eliminate cholesterol and do its major job of detoxification to improve overall health and protection against illness. Cholesterol is stuck in the bile ducts because of stones and less bile is being produced.

13) KIDNEY STONES cause unfiltered blood to poison the body. Stones can be dissolved in weeks with Chanca Piedra.

14) PANCREAS: No artificial sweeteners, diet or sugar-free products/beverages. They contain wood alcohol and aspartame that pollute the pancreas and inhibit insulin production.

15) HEAVY METAL: Many disorders/ailments are gone by eliminating heavy metal accumulation in the body due to decades of dental metal seepage, metal utensils, metal on skin.

16) ENLARGED PROSTATE is caused by the metal *nickel* accumulating in the prostate that attracts urinary tract bacteria that massively reproduce causing the prostate to swell.

17) FUNGUS, CANDIDA, YEAST are able to invade the body because of heavy metal pollution, especially nickel. Yeast comes from excessive yeast in most baked goods.

18) DISEASE-CAUSING BACTERIA, VIRUSES can be destroyed with nature's *colloidal silver*, that has zero side effects and is not resistant to any new strains of bacteria.

19) SKIN PROBLEMS can clear up and heal, not with dermatological chemicals, but by addressing and cleansing the liver and colon and eliminating heavy metals, especially nickel.

20) PARASITES: Only the intestinal tract is meant to host parasites. Any other organ is abnormal and parasites cause havoc. Destroying them can bring amazing healing.

21) SUPPLEMENTS/ANTIOXIDANTS work because they help restore the body's natural chemistry to detoxify and eliminate pollutant substances.

22) EYE PROBLEMS: The eyes are like an island in a sea of mucus, fungus, toxins, foreign substances and this is the underlying cause of eye and vision problems!

Paul Oberdorf's RISK-FREE BETTER HEALTH ORDER FORM

Satisfaction GUARANTEED Or Your Money Back!

Item #	Description	Total Price Per Bottle (including shipping/handling)	Quantity Ordered	TOTAL
SPECIAL FREE REPORT -- "29 Natural Health Secrets For Relief & Healing"			1	FREE!
12	Jim's COLON PILLS	\$35.00 + (\$2.00 s/h) = \$37.00		= \$
11	Jim's COLON CLEANSE	\$35.00 + (\$2.00 s/h) = \$37.00		= \$
13	MULLZYME Mucus Remover	\$35.00 + (\$2.00 s/h) = \$37.00		= \$
14	BFV Super Antibiotic	\$55.00 + (\$2.00 s/h) = \$57.00		= \$
15	SUPERPHOS 30 Liver Cleanse	\$35.00 + (\$3.00 s/h) = \$38.00		= \$
16	HOMEOPATHIC HGH Youth Restorer	\$55.00 + (\$3.00 s/h) = \$58.00		= \$
17	SWEDISH BITTERS European Tonic	\$42.50 + (\$4.50 s/h) = \$42.00		= \$
19	HERBAL CHELATOR Artery Cleanser	\$50.00 + (\$3.00 s/h) = \$53.00		= \$
20	ULTRAZYME PLUS Parasite Destroyer	\$65.00 + (\$3.00 s/h) = \$68.00		= \$
21	SEE AGAIN Vision Restorer	\$35.00 + (\$2.00 s/h) = \$37.00		= \$
22	SUPER HAIR Shampoo	\$17.00 + (\$2.00 s/h) = \$19.00		= \$
23	SUPER HAIR Stimulator	\$17.00 + (\$2.00 s/h) = \$19.00		= \$
24	SUPER HAIR Vitamins	\$18.00 + (\$2.00 s/h) = \$20.00		= \$
25	SUPER HAIR TRIO Shampoo + Stimulator + Vitamins	\$47.00 + (\$5.00 s/h) = \$52.00		= \$
26	SUPER HAIR Jojoba Oil	\$5.00 + FREE SHIPPING		= \$
27	UROMAZING Bladder & Prostate Health	\$50.00 + (\$3.00 s/h) = \$53.00		= \$
28	NICKEL REDUCER Metal Eliminator	\$60.00 + (\$3.00 s/h) = \$63.00		= \$
29	OXY SILICA Skin/Hair/Nails/ Joint Miracle	\$42.00 + (\$3.00 s/h) = \$45.00		= \$
30	DIGESTIVE ZYME Healthy Digestion	\$45.00 + (\$3.00 s/h) = \$48.00		= \$
18	SILVER WATER Pathogen Killer	\$35.00 + = \$		= \$
SILVER WATER SHIPPING/HANDLING PER BOTTLE (place amount from chart in box)			SUBTOTAL	\$
QTY You Will Order First # in Zip 0,1,2 First # in Zip 3,4,5,6 First # in Zip 7,8,9			NJ add 7% Sales Tax	\$
BEST DEAL! 5	FREE	FREE	FREE	TOTAL ENCLOSED \$
4	\$15.00	\$17.00	\$20.00	
3	\$12.00	\$15.00	\$17.00	
2	\$10.00	\$12.00	\$14.00	
1	\$8.00	\$10.00	\$12.00	

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Signature _____ Tele# _____

Thank you -- Paul

Ship To:

Name: _____

Address: _____

City: _____ ST _____ ZIP _____

When all else fails, you must address **The Devastation of Toxic Dental Metals, Root Canals and Mercury Amalgams**

You've cleaned your colon, liver and kidneys, destroyed bacteria, viruses, parasites, stopped eating processed foods and using chemical body products, yet symptoms still exist and true health has not returned. It is likely that dental metal, root canals and mercury poisoning of your body may have finally caught up with you. This hazard is still ignored by mainstream medicine and dentistry, but alternative doctors and dentists recognize its devastating impact on health.

Metal does not belong in our mouth! Everyone, at some point, should address this most serious pollutant of fender of the 20th century! European researchers estimate that maybe half of all chronic degenerative illness can be linked to dentalware!

Mercury Poisoning

Mercury amalgam poisoning contributes 3 to 4 times more mercury to our bodies than all environmental sources combined. Its effects can be devastating and the basis of autoimmune diseases like MS, Parkinson's, arthritis; MS patients were found to have 8 times higher mercury levels in their cerebrospinal fluid. It can also lead to anxiety, depression, confusion, irritability, insecurity, poor concentration, and cause kidney disease, cardiac and respiratory disorders.

All Dental Metals are Toxic

It is not just mercury, but all dental metals (fillings, bridges, braces, root canals, crowns, caps) contain serious toxins; nickel, copper, zinc, cobalt, vanadium, etc. Some are *carcinogenic*. All metals corrode and enzymes in saliva break down metals that slowly seep into the body. Detoxifying capacity for metals has simply run out causing lowered immunity, health disorders, unexplained symptoms.

Metals poison the liver, bone marrow, thyroid, thymus, spleen and parathyroids, critical organs that regulate body functions.

Metals, Root Canals, Crevices are Sources of Harmful Bacteria

Equally harmful, dental crevices, metal and root canals attract harmful bacteria that invade many organs, causing serious problems. Research shows that nearly all root canals result in residual infection due to an imperfect seal. Toxins from some bacteria are so serious they can cause systemic diseases of the heart, kidney, uterus, nervous and endocrine systems. Most of us never thought about what dentists were putting into our mouths. The irony is the lucky ones may be full denture wearers who have had all teeth extracted.

THE BOTTOM LINE: ALL METAL AND ROOT CANALS SHOULD BE REMOVED. ALL DEAD AND BACTERIA INFECTED TEETH EXTRACTED. IT CAN BRING MIRACULOUS RELIEF TO MANY AFFLICTIONS & UNEXPLAINED SYMPTOMS.

Alternative Dentistry

Don't bother talking to mainstream dentists who will not acknowledge that metal is hazardous to your health. Look for *Alternative Dentistry; Biological, Holistic, Metal-free or Huggins Dentists*. They recognize that mercury, metal and other dental materials affect the immune system and overall health, and contribute to many of our degenerative diseases.

They espouse a mouth free of metal and employ procedures to ensure that metal particles do not remain in your tissue, as well as therapies to eliminate the toxicity of metals. They use alternative, safe, non-toxic and holistic therapies to provide biocompatible, functional and enduring dental and prosthetic replacements.

Peak Energy Performance. 800 331-2303. Referrals for a Huggins dentist.

International Academy of Oral & Toxicology. 407 298-2450. Metal Free Dentists.

Foundation for Toxic Free Dentistry. Box 608010, Orlando, FL 32860. Send SASE.

Environmental Dental Assc. Box 2184, Rancho Santa Fe, CA 92067 800 388-8124
American Academy of Biological Dentistry Box 856, Carmel Valley, CA 93924, 831 659-5385, 831 659-2417

Internet: www.talkinternational.com (directory mercury-free and biological dentists)

Matrix Corp., Huggins office, 866 948-4638

Gary Verigan, D.D.S.: "One of the big problems is that people often go through many doctors and therapies in search of answers for their problems, never realizing that their chronic conditions may be traceable to dental complications."

Hal Huggins, D.D.S., a pioneer, author, describes link between mercury amalgams and illness, the deteriorating state of health and possible effects of mercury toxicity, including Alzheimer's, chronic fatigue, other auto-immune disorders. Dental problems, cavities, infections, toxic fillings, root canals, misalignment of teeth or jaw can have far-reaching effects throughout the body."

Edward Arana, D.D.S., President, American Academy of Biological Dentistry: Dental infections and disturbances can cause pain and dysfunction in the body, including limited motion and loose tendons, ligaments, and muscles. Structural & physiological dysfunction can also occur, impairing organs and glands."

Michael Ziff, D.D.S., author *Dental Mercury Detox*, says that research has demonstrated that 100% of all root canals result in residual-infection.

Weston Price, D.D.S., M.S., F.A.C.D., claimed that toxins seeping out of root canals can cause systemic diseases of the heart, kidney, uterus, nervous and endocrine systems. If removed, those suffering from kidney and heart disease will be resolved in most cases.

German Ministry of Health: "Amalgam is considered a health risk from a medical viewpoint due to the release of mercury vapor." In Germany, amalgams have been prohibited since 1992.

Charles Gableman, M.D., leader in environmental medicine, always advises patients to remove amalgam fillings.

Theron Randolph, M.D., believes American dental schools ignore mounting evidence on toxicity from dental restorations, especially amalgams, despite clear documentation in European studies.

George Meinig, Root Canal Cover Up Casdorff & Walker, Toxic Metal Syndrome Frank Jerome, D.D.S., The Tooth Truth

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